

DETAIL REPORT OF EXTENSION ACTIVITIES YEAR 2019-20



OFFICE OF THE PRINCIPAL GOVERNMENT DEGREE COLLEGE R.S. PURA JAMMU

No: RSPC/ 1638

Dated: 23.10.2019

PRESS RELEASE

2 J&K Girls Bn. NCC and NSS Volunteers of Govt. Degree College R. S. Pura performed community service in the Nari Niketan and orphanage of R.S Pura in ongoing celebration of 550th Birth Anniversary of Sri Guru Nanak Dev Ji under the able guidance of Principal, Dr. Sunita Sudan and supervision of Prof Rajinder Singh, Convener, Organizing Committee. A total 20 girls cadets and 20 NSS Volunteers cleaned the vicinities of Nari Niketan and orphanage in presence of Prof. Bindu Kumari, NSS PO, Dr. Anuradha and Lt. Shaveta Chowdhary, NCC ANO. After cleaning these areas, sweets and snacks were distributed to the orphan children and wards of Nari Niketan. The Principal of the college appreciated the efforts of the organizing committee.


Principal
Govt. Degree College
R. S. Pura

23/10/2019

No. of Teachers involved : 05
No. of Students participated : 20
Signature: Sharda

2 J&K Girls BN. NCC performed community service in the Nari Niketan and Orphanage in on going celebration 550th birth anniversary of Sh. Guru Nanak Dev Ji on 23-10-2019. A Total of 20 Girls Cadets cleaned the vicinities of Nari Niketan and orphanage



**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU**

No: RSPC/1680
Dated: 31.10.2019

PRESS RELEASE

2 J&K Girl BN NCC of GDC, R.S. Pura organized a rally against Corruption today under the guidance of Principal of the College Dr. Sunita Sudan and supervision of Dr. Rajni Bala, Assistant Professor in Sociology. The event was organized to observe Vigilance Awareness Week to be celebrated from 28th Oct, to 2nd Nov, 2019 on the theme "Integrity: A way of life" with the objective of generating awareness against corruption. The NCC cadets were raising slogans and carrying placards, charts displaying messages regarding discouraging corruption and adopting integrity as a way of life. Around 20 cadets took part in the rally.

No. of Teachers Involved : 01
No. of Students Participated : 20
Signature : Shavets

Dr. Sunita Sudan
31/10/2019
PRINCIPAL
Govt. Degree College
R. S. Pura, Jammu

2 J&K Girls BN. NCC unit organized a rally against Corruption on 31-10-2019. The rally was organized to observe vigilance awareness week on the theme integrity. About 20 cadets took part in the rally.



**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE, R.S. PURA**

No: RSPC/1696
Date: 01.11.2019

Press Release

2 J&K Girl BN NCC of GDC, R.S. Pura under the guidance of Principal Dr. Sunita Sudan organized an informative lecture by Dr. Rajni Bala, Assistant Professor in Sociology, as a part of Vigilance Awareness Week. Dr. Rajni Bala briefed the students about the importance of integrity in our life and corruption free environment. About 15 cadets and 30 students were present in the lecture.

Sunita Sudan
11/2019
PRINCIPAL
Govt. Degree College
R. S. Pura, Jammu

No. of Teachers involved : 01
No. of Students Participated : 45
Signature: *Shaveta*

2 J&K Girls BN. NCC Unit organized an informative lecture as a part of vigilance awareness week where students were briefed about the importance of integrity in our life an corruption free environment. About 45 students attended the lecture.



**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU**

No: RSPC/ 1703
Dated: 02.11.2019

Press Release

2J&K Girl BN NCC of GDC, R.S. Pura undertook a pledge today under the guidance of Principal of the College Dr. Sunita Sudan and supervision of Dr. Rajni Bala, Assistant Professor in Sociology as a part of Vigilance Awareness Week. The pledge was to follow rule of law, act in Public interest, perform all tasks with honesty and integrity and to report any incident of corruption to appropriate agency. About 15 cadets undertook the pledge.

Sunita Sudan
2/11/2019
PRINCIPAL
PRINCIPAL
Govt. Degree College
R. S. Pura, Jammu

No. of Teachers involved : 01
No. of Students participated : 15
Signature : *Shaveta*

2 J&K Girls BN. NCC Unit organized a pledge ceremony as a part of vigilance awareness week to follow rule of law, act in public interest, perform all tasks with honesty and integrity. About 50 Cadets under took the pledge.



**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU**

No: RSPC/1808
Dated: 20.11.2019

PRESS RELEASE

2 J&K Girl BN NCC of GDC, R.S. Pura organized a special lecture on "Importance of NCC in Day to Day Life" today under the guidance of Principal of the College Dr. Sunita Sudan and supervision of Lt. Shaveta Chowdhary, ANO. The event was organized to inaugurate the NCC day celebration-2019 in which Mr. Ahsan Ahmed Wani, Assistant Professor in Economics how was also an Ex-NCC Cadet was the guest speaker. In his lecture, he spoke on the significance of NCC in professional, social & healthy life of an individual in general and a cadet in particular. A total of 30 NCC Boys as well as Girls Cadets in the event.

No. of Teachers involved : 03
No. of Students Participated : 30
Signature : Shaveta

Ahsan
20/11/2019
PRINCIPAL
Govt. Degree College
R.S. Pura

**2 J&K Girls BN NCC Unit of the college organized a special lecture on
"Importance of NCC in day to day life" on 20-11-2019. A total of 30 Cadets
and 3 teachers attended the lecture.**



**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA,
JAMMU**

No: RSPC/1810
Dated: 21.11.2019

PRESS RELEASE

2 J&K Girl BN NCC of GDC, R.S. Pura performed community service in the Bal Ashram – an orphanage at R.S Pura in ongoing celebration of NCC Day under the able guidance of Principal Dr. Sunita Sudan and supervision of Lt. Shaveta Chowdhary, NCC ANO. A total of 30 girls cadets and 20 boys cadets cleaned the vicinities of orphanage and Nari Niketan. After cleaning these areas, woolen items like socks, caps etc... and snacks were distributed to the orphan children. The Principal of the college appreciated the efforts of the NCC wings of the college.

Shaveta
21/11/2019
PRINCIPAL
Government Degree College
R.S. Pura

No. of Teachers involved : 01
No. of Students participated : 50 (Fifty)

Signature: *Shaveta*

2 J&K Girls BN NCC Unit performed community service in Bal Ashram- an Orphanage on 21-11-2019. About 50 Cadets perform clean the vicinity of Bal Ashram and Distribute clothes and snacks to the orphan children.



**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU**

No: RSPC/1820
Dated: 22.11.2019

PRESS RELEASE

2 J&K Girl BN NCC of GDC, R.S. Pura observed "Traffic Control Day" in ongoing celebration of NCC Day under the able guidance of Principal Dr. Sunita Sudan and supervision of Lt. Shaveta Chowdhary, NCC ANO. An informative rally was organized by the cadets holding placards depicting the significance of following traffic rules. The cadets interacted with the general public and created awareness about the traffic rules focusing on wearing of helmets, use of seat belt, traffic signals, proper parking of vehicles etc. A total of 25 girls cadets and 15 boys cadets participated in the activity.

Shaveta
22/11/2019
PRINCIPAL
Govt. Degree College
R.S. Pura

No. of Teachers involved : 01
No. of Students participated : 40

Signature: Shaveta

**2 J&K Girls BN NCC Unit organized a rally on traffic control day. A total of
40 Cadets participated in the rally on 22-11-2019.**



**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU**

No: RSPC/1823
Dated: 23.11.2019

PRESS RELEASE

2 J&K Girl BN NCC of GDC, R.S. Pura observed took Anti-Dowry and Anti-Female Foeticide Pledge in ongoing celebration of NCC Day under the able guidance of Principal Dr. Sunita Sudan and supervision of Lt. Shaveta Chowdhary, NCC ANO. The cadets of both girls and boys wings were accompanied by teaching /non-teaching staff members and students of the college during the Pledge. In Anti-Dowry Pledge, the war on Dowry was initiated with the renunciation of any person involved in dowry. Further, Anti-Female Foeticide Pledge was taken which focused to end gender-based discrimination and create an atmosphere of equality for girls. A total of 25 girls cadets, 25 boys cadets and 200 students of the college participated in the activity.

No. of Teachers involved : 10
No. of students participated : 250

Shaveta

Sunita
PRINCIPAL
23/11/2019
Principal
Govt. Degree College
R.S. Pura

2 J&K Girls BN NCC Unit took Anti-Dowry and Anti-Female Foeticide Pledge on 23-11-2019. A total of 250 students of the college participated in the pledge.



**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU**

No: RSPC/1838
Dated: 25.11.2019

PRESS RELEASE

2 J&K Girl BN NCC of GDC, R.S. Pura organized Painting and Essay Writing Competition to celebrate NCC Day - 24 November, 2019 under the able guidance of Principal Dr. Sunita Sudan and supervision of Lt. Shaveta Chowdhary, NCC ANO. The painting competition was organized on the topic "NCC as a Way OF Life" where as Essay writing competition was organized on the topic "How NCC has contributed to your Life". Cadet Riya Sharma of Semester I was adjudged best in Painting Competition whereas Cadet Tavleen Kour bagged the best essay written on the said topic. A total of 15 girls cadets and 10 boys cadets participated in the activity.

No. of Teachers Involved : 01
No. of Students Participated : 25

Shaveta

Sunita Sudan
PRINCIPAL
25/11/2019
Govt. Degree College
R.S. Pura

2 J&K Girls BN NCC Unit organized painting and essay writing competition to celebrate NCC Day. Painting competition was organized on the topic "NCC as a way of Life". and essay writing competition on the topic "How NCC has contributed to your life." A total of 25 Cadets participated in the competition.



**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU**

No: RSPC/ 2386
Dated: 19.02.2020

PRESS RELEASE

"Anti-Tobacco Committee" of Govt. Degree College, R.S Pura in collaboration with 2 J&K Girls Bn NCC organized a poster making competition on the theme "Say No To Tobacco" under the guidance of Dr. Sunita Sudan, Principal of the college and supervision of Prof. Ahsan Ahmed, Convener, Anti-Tobacco Committee. 25 girls cadets of the college participated in the Poster Making Competition and made informative posters highlighting harmful effects of tobacco. Cadet Pallvi of B.A Semester-II was adjudged the best in the poster making competition. Lt. Shaveta Chowdhary, ANO coordinated the event.

No. of teachers involved : 02
No. of students participated : 25

Principal
19/02/2020
Govt. Degree College
R.S. Pura

Signature : Shaveta

2 J&K Girls BN NCC Unit in collaboration with "Anti- Tobacco Committee organized a poster making competition on the theme "Say no to Tobacco" on 19-02-2020. About 25 Girls Cadets participated in the activity.



OFFICE OF THE PRINCIPAL GOVERNMENT DEGREE COLLEGE, R.S. PURA

No: RSPC/106
Date: 18/06/2020

Press Release 18/06/2020

NSS Unit and 2 J&K Girls BN NCC, Jammu of Government Degree College R.S. Pura organized an Online Poster Making Competition under the guidance of the Principal Dr. Sunita Sudan and supervision of Prof. Bindu Kumari, NSS Programme Officer and Lt. Shaveta Chowdhary, ANO Girls NCC. The theme of poster making competition was *Yoga as a way of life*. A total of 20 NSS volunteers and 20 Girl NCC Cadets participated in the online competition with full zeal and enthusiasm. Ms. Sakshi, NSS volunteer of Semester IV bagged the first prize where as Sgt. Riya Kumari of Semester IV bagged second prize. The third prize was jointly shared by Ms. Poornima Jojra, NSS Volunteer of Semester IV and Cadet Manpreet Kour of Semester IV. The principal of the college appreciated the participation of the students in such activities for better understanding of healthy lifestyle.

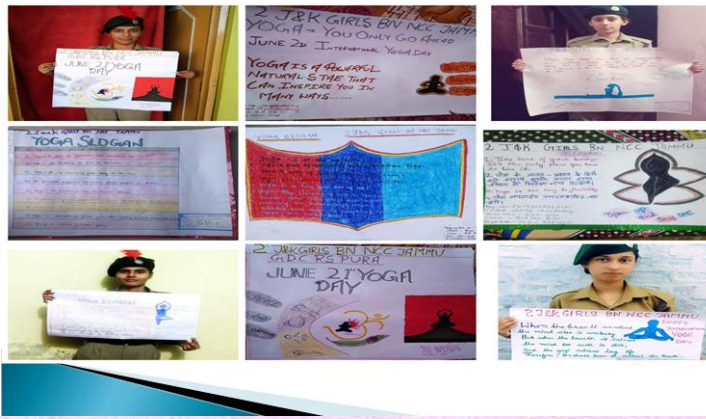
Sd/-
Principal

PRINCIPAL
Govt. Degree
R. S. Pura.

No. of teachers involved: 02
No. of students participated: 40

Signature: Shaveta

2 J&K Girls BN NCC Unit organized and online poster making competition on the theme "yoga as a way of life" on 18-06-2020. About 40 students participated in the poster making competition



OFFICE OF THE PRINCIPAL GOVERNMENT DEGREE COLLEGE, R.S. PURA

No: RSPC/ 106
Date: 19/06/2020

Press Release 19/06/2020

NSS Unit and 2 J&K Girls BN NCC, Jammu of Government Degree College R.S. Pura organized an Online Slogan Writing Competition in ongoing celebration of *International Yoga Day- 2020* on the theme **Yoga@Home** and **Yoga with Family** under the guidance of the Principal Dr. Sunita Sudan and supervision of Prof. Bindu Kumari, NSS Programme Officer and Lt. Shaveta Chowdhary, ANO Girls NCC. A total of 20 NSS volunteers and 20 Girl NCC Cadets participated in the online competition with full zeal and enthusiasm. JUO Payal Choudhary of Semester IV bagged the first prize where as Ekta Choudhary, NSS Volunteer of Semester IV bagged second prize. The third prize was jointly shared by Cadet Neeraj Bharti of Semester IV & Ms. Monika Sapolia, NSS Volunteer of Semester IV. The principal of the college lauded the efforts of the students in raising awareness regarding Yoga.

Sd/-
Principal
PRINCIPAL
Govt. Degree College
R. S. Pura, Jammu

No. of teachers involved: 02
No. of students participated: 40
Signature: Sharda -

2 J&K Girls BN NCC unit organized an online slogan writing competition in ongoing celebration of international yoga day 2020 on the theme yoga @ Home and Yoga with family on 19-06-2020. About 40 students participated in the competition.



OFFICE OF THE PRINCIPAL GOVERNMENT DEGREE COLLEGE, R.S. PURA

No: RSPC/ ///
Date: 20/06/2020

Press Release 20/06/2020

2 J&K Girls BN NCC, Jammu and NSS Unit of Government Degree College R.S. Pura organized an Online Poetry Recitation Competition in ongoing celebration of *International Yoga Day- 2020* on the theme **Yoga@Home and Yoga with Family** under the guidance of the Principal Dr. Sunita Sudan and supervision of Prof. Bindu Kumari, NSS Programme Officer and Lt. Shaveta Chowdhary, ANO Girls NCC. A total of 15 NSS volunteers and 15 Girl NCC Cadets participated in the online poetry competition. The first prize was jointly bagged by Cadet Manpreet Kour of Semester IV and Ms. Poornima Jojra, NSS Volunteer of Semester IV. The second prize was bagged by Mr. Sourav Sharma, NSS Volunteer of Semester IV whereas third prize went to Cadet Nitika Chowdhary of Semester II. To motivate and appreciate the efforts of students, two consolation prizes were also given, one to Robin Choudhary and other to Cadet Riya Sharma.

Sd/-
Principal
PRINCIPAL
Govt. Degree College
R. S. Pura, Jammu

No. of teachers involved: 02
No. of students participated: 30
Signature: Sharda.

2 J&K Girls BN NCC Unit of the college organized an online poetry recitation competition in ongoing celebration of international yoga day 2020 on the theme yoga @ of Home and yoga with family on 20-06-2020. About 30 Girls Cadets participated in the poetry recitation competition.



OFFICE OF THE PRINCIPAL GOVERNMENT DEGREE COLLEGE, R.S. PURA

No: RSPC/ 116
Date: 21/06/2020

Press Release 21/06/2020

2 J&K Girls BN NCC, Jammu and NSS Unit of Government Degree College R.S. Pura concluded the ongoing celebration of *International Yoga Day- 2020* on the theme **Yoga@Home and Yoga with Family** under the guidance of the Principal Dr. Sunita Sudan and supervision of Prof. Bindu Kumari, NSS Programme Officer and Lt. Shaveta Chowdhary, ANO Girls NCC. The celebration concluded with execution of different yogasanas like Setubandh, Bhujangasana, Vrikshasana, Padmasana etc. out of many yogasanas performed. A total of 50 NSS volunteers and 30 Girl NCC Cadets along with their PO and ANO participated to observe IYD-2020. The principal of the college lauded the efforts put in by NSS PO, NCC ANO, volunteers and cadets in successful completion of activities on IYD- 2020 and encouraged them to excel in every sphere of life.

Sd/-
Principal
PRINCIPAL
Govt. Degree Col
R. S. Pura, Jammu

No. of teachers involved : 02
No. of students participated : 80
Signature *Shaveta*

2 J&K Girls BN NCC Unit of the college concluded the ongoing celebration of international yoga day 2020 on the theme yoga @ home and yoga with family on 21-06-2020. In this event about 80 students performed different yog Asanas.



**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU**

No: RSPC/233
Dated: 27.07.2020

PRESS RELEASE

2 J&K Girl BN NCC of GDC, R.S. Pura celebrated Kargil Vijay Diwas by observing ***Honour Your Warriors*** activity under the guidance of Principal of the College Dr. Sunita Sudan and supervision of Lt. Shaveta Chowdhary, ANO. The activity was organized to remember and honor Kargil war heroes who played their parts in the Kargil war Victory. The girl cadets made thank you cards and presented them with gifts as sign of respect and appreciation. Retd. Subedar Sh. Ramesh Choudhary, Retd. Naib Subedar S. Manjeet Singh and Retd. Hav. Shanak Singh who fought during Kargil war were honored by Cadet Neeraj Bharti, Cadet Manpreet Kour and JUO Payal Choudhary respectively during the activity.

Sd/-
PRINCIPAL
PRINCIPAL
Govt. Degree College
R. S. Pura, Jammu

No. of teachers involved : 01
No. of students participated : 12
Signature, Shaveta

2 J&K Girls BN NCC Unit of the college celebrated Kargil Vijay Diwas by observing honour warriors activity on 27-07-2020. About 12 girls cadets participated in the activity.



**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU**

No: RSPC/ 239
Dated: 28.07.2020

PRESS RELEASE

2 J&K Girl BN NCC of GDC, R.S. Pura celebrated **World Nature Conservation Day** by organising **Green Zones @ Homes** initiative under the guidance of Principal of the College Dr. Sunita Sudan and supervision of Lt. Shaveta Chowdhary, ANO. The Green Zones @ Homes initiative is aimed to plant more and more trees for sustainable environment and conservation of natural resources. The girl cadets planted different kinds of trees like Guava, Orange, Ghaf, Alstonia etc... in and around the homes.

Sd/-
PRINCIPAL
PRINCIPAL
Govt. Degree College
R. S. Pura, Jammu

No. of teachers involved: 01
No. of students participated: 22

Signature - Shaveta

2 J&K Girls BN NCC Celebrated world nature conservation day by organizing green zones @ homes On 28-07-2020. About 22 girls Cadets planted different species of plants in and around their homes.



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2019/8/15 10:41

2 J&K Boys BN NCC Unit of the college performed flag hoisting ceremony in the college campus on 15-08-2019. In this ceremony about 50 students and 30 teachers were present.

OFFICE OF THE PRINCIPAL GOVERNMENT DEGREE COLLEGE, R.S. PURA

No: RSPC/1183

Date: 01/08/2019

Press Release

01/08/2019

NSS Unit of Government Degree College R.S. Pura under the guidance of Principal Dr. Sunita Sudan and the supervision of Prof. Bindu Kumari, NSS Programme Officer commenced the Swachhta Pakhwada event by conducting One Day Seminar on Swachhta. This will be for a duration of 15 days (01st Aug. -15th Aug.2018). A total of 30 NSS volunteers of the college participated in one day seminar.

Proceeding of the program was initiated by Prof. Bindu Kumari, NSS Programme Officer in which the volunteers were briefed about the different activities that will be performed during Swachhta Pakhwada. Prof. S. K. Dhar, Department of Botany also graced the occasion. Prof. Dhar educated the students about the importance and relevance of Swachhta Pakhwada and educated the students that keeping our surroundings clean is our prime duty and encouraged and motivated the volunteers to enthusiastically participate in the activities during the observance of Swachhta Pakhwada in these 15 days. Afterwards Prof. Esha Abrol, Department of Environmental Sciences delivered a lecture on the benefits of cleanliness. She also educated the volunteers about the solid waste management, segregation of biodegradable and non-biodegradable wastes, use of green and blue bins etc. The event concluded with Swachhta Oath ceremony.


01/08/2019
PRINCIPAL

NSS Unit of the college commenced the 15 days Swachhata Pakhwada by concluding one day seminar on Swachhta on 01/08/2019. A total of 30 NSS Volunteers were present at the event.

OFFICE OF THE PRINCIPAL GOVERNMENT DEGREE COLLEGE, R.S. PURA

No: RSPC/

Date: 21/08/2019

Press Release 21/08/2019

NSS Unit and 2J&K Girls Bn NCC of Government Degree College R.S. Pura in collaboration with Panchayat Bansultan Upper organized Plantation drive on the sides of Ranbir Canal of the Panchayat Area under the guidance of the Principal Dr. Sunita Sudan and supervision of Dr. Jaipal Singh, Prof. Bindu Kumari, NSS Programme Officer, Dr. Anuradha, Lt. Shaveta Chowdhary, ANO NCC. Different varieties of trees like Alistonia, Arjuna, Mango, Guava, were planted so as to enhance the beauty of the area and protect the environment as well. A total of 50 students comprising of 25 NSS volunteers and 25NCC girls cadets participated in the activity. Adv. Dev Raj Sharma, Sarpanch, Bansultan upper along with the panches and local of the panchayat actively participated in the plantation drive. The drive was concluded by the remarks of Dr. Jaipal Singh where he thanked all the representative of the panchayat for managing the event in smooth manner.

Sd/-
Principal
Govt. Degree College
R. S. Pura, Jammu

No. of Teachers involved: 05
No. of students participated: 25
Signature: Shaveta.

NSS unit of the college in collaboration with Panchayat Bansultan Upper, organized a plantation drive on the sides of Ranbir canal of the panchyat area on 21-08-2019 in this plantation drive 25 NSS volunteers had participated and planted different teaching of plants besides the canal.

OFFICE OF THE PRINCIPAL GOVERNMENT DEGREE COLLEGE, R.S. PURA

No: RSPC/1278

Date: 29/08/2019

Press Release

29/08/2019

NSS Unit and NCC Girls and Boys Bn of Government Degree College R.S. Pura in collaboration with District Police Headquarter Jammu organized a mass awareness Programme on Drug Abuse and Deaddiction under the guidance of the Principal Dr. Sunita Sudan and supervision of Prof. Bindu Kumari, NSS Programme Officer, Lt. Shaveta Chowdhary, ANO Girls NCC and Dr. Chetan Sharma, C/T Boys NCC. The chief guest of the event was Mr. Farooq Qaiser, SP District Police Hq., Jammu and the event was coordinated by Dr. Jaipal Singh. The proceedings of the programme were initiated by Prof. S. K. Dhar with welcome address. After the welcome address, Mr. Qaiser gave an enthralling PowerPoint presentation on the Drug menace and highlighted the role of police in tackling the problem of Drug Abuse in Jammu district. He further emphasized the role of family, teachers and peer groups to mobilize with one another to make our society Drug free in general and R. S. Pura in particular. The event was concluded by Prof. S.K. Dhar where he thanked the SP District Police Hq., Jammu and his team Mr. Sourav Prasher, SDPO R.S Pura & Mr. Rajeshwar Singh Slathia, SHO R.S Pura for their endless efforts in dealing with Drug menace and the faculty of the college for managing the event in smooth manner.

No. of Teachers Involved: 05
No. of students participated: 22
Signature: *Shaveta*

Sd/-
PRINCIPAL
Govt. Degree College
R. S. Pura, Jammu

NSS Unit of the college in collaboration with district police head quarters Jammu organized a mass awareness program on drug abuse and de Addiction on 29-08-2019 in which about 22 students had participated in the presence of about 5 teachers.

**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU**

No: RSPC/ 1288

Dated:14/09/19

Press Release

Hon'ble Prime Minister has launched a mission mode water conservation campaign 'Jal Shakti Abhiyan' and has also stressed to make India free from 'Single use plastic'. So in connection with this NSS unit of Govt. Degree College R. S. Pura carried out a series of activities under the guidance of principal of the college, Dr. Sunita Sudan and supervision of Prof. Bindu Kumari, NSS Programme Officer. Firstly a Jal Shakti Team was framed in and off the college including faculty members of different departments of the college like Prof. Richpal Singh (Deptt. of Urdu), Prof. S. K. Dhar (Deptt. of Botany), Prof. Dharvinder (Deptt. of Zoology), Prof. Bindu Kumari (NSS Programme Officer), Ms. Chander Prabha (Sarpanch of the village Jindhlehr) and NSS Volunteers. An awareness lecture was also delivered by Prof. Esha Abrol on the topic, " Water Conservation and Rain Water Harvesting followed by a group discussion . Next day an awareness campaign was carried out in the adopted village Jindhlehr where the volunteers interacted with the villagers and educate them about the importance of water conservation, its management, harmful effects of plastics esp. Single use plastic etc. On the other day, volunteers again visited the village Jindhlehr and planted a number of saplings there and sensitized them about the role of plants in the conservation of water, controlling soil erosion and in purifying and cooling the atmosphere thereby bringing down the rainfall. Principal of the college appreciated the efforts of NSS Programme Officer and Volunteers and motivated them to keep on doing such activities in future also.

Sunita Sudan
PRINCIPAL

14/9/2019

NSS Unit of the college carried out a series of activities under Jal Shakti Abhiyan on 14-09-2019 in which about 30 students had participated.

GOVERNMENT DEGREE COLLEGE, R.S. PURA

No: RSPC/1471

Date: 23/09/2019

Press Release

As a part of Strategy for Poshan Abhiyaan for Adolescent students, NSS Unit of Government Degree College R.S. Pura carried out 10 hours regular programme activities for nutritional awareness issues under the guidance of the Principal Dr. Sunita Sudan and supervision of Prof. Bindu Kumari, NSS Programme Officer. An awareness rally from the college was carried out by the volunteers that passed through the R. S. Pura market and culminated in the Govt. Boys' Higher Secondary School, R. S. Pura. In the rally volunteers raised various slogans like "one nutrition – one nation, swasth khao tann - mann jgao, kadam kadam badaye ja junk food ko bhgaye ja" etc. In the Govt. Boys Higher Secondary School an interactive and awareness programme was organized by the unit. The proceedings of the programme were initiated by Ms. Beetika Kohli, Lecturer in Botany of the school with welcome address. After the welcome address Prof. Bindu Kumari delivered a lecture on "A Good Food Habit", after that five NSS volunteers including Mr. Sourav Sharma, Mr. Akash Verma, Ms. Muskan Choudhary, Ms Vineet kour, Ms. Tahira spoke on various serious issues like ill effects of skipping breakfast, Healthy and unhealthy food habits, malnutrition, balanced diet etc followed by group discussions. NSS volunteers also performed a nukkad natak based on the effects of lack of physical activities and bad impact of fast food and packed food items. The event was concluded by Prof. Bindu Kumari where she thanked the Principal of the School, Sh. Janak Raj ji, Ms. Beetika Kohli, other staff members and students of the school for managing the event in smooth manner.

On the same day NSS volunteers visited Middle School Mill Area, R. S. Pura and had an interaction with the students. They also performed door to door visits in the village and sensitized the villagers about these serious issues. NSS Programme appreciated the hard efforts of the volunteers.

PRINCIPAL

The NSS Unit of the college concluded 10 hours regular program activities for nutritional awareness issues under Poshan Abhiyan on 23-09-2019 in which about 65 students along with teachers were present.

OFFICE OF THE PRINCIPAL GOVERNMENT DEGREE COLLEGE, R.S. PURA

No: RSPC/1481

Date: 24/09/19

Press Release

NSS Unit of Government Degree College R.S. Pura celebrated 50th Foundation Day of NSS in the college campus. Proceedings of the programme were initiated by Ms. Muskan and Ms. Preyrna, NSS volunteers followed by lighting the traditional lamp. NSS volunteers namely Sudha, Vineet Kour, Tahira and Sourav Sharma of Semester III spoke about NSS Day, its aims and benefits through the medium of their poems and speeches whereas D.K. Dogra embraced the audience with his beautiful song. NSS Programme Officer, Prof. Bindu Kumari presented a power point presentation of report of activities carried out so far. Shubam Choudhary, NSS volunteer, Sem.-V shared his own experiences with the volunteers. Certificates of appreciation were also distributed to the NSS Volunteers who have participated in SBSI Programme, 50 hrs. by Dr. Sunita Sudan, Principal of the college. She also congratulated the NSS team for their hard work and motivated them to keep on such activities in the future endeavour. The programme was concluded with the vote of thanks by Prof. Bindu Kumari, where she thanked principal of the college for her guidance and support, entire staff, teaching and non-teaching and NSS volunteers for managing the event in a smooth manner.

PRINCIPAL

The NSS Unit of the college celebrated 50th foundation day of NSS in the college campus on 24-09-2019 where about 23 students had participated in the celebration.

**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU**

No: RSPC/ 1510

Dated: 30.09.2019

Press Release

As a part of Swachhta Hi Seva Campaign, Department of Environmental Sciences in collaboration with NSS Unit of GDC R. S. Pura organized Awareness Rally under the guidance of Principal, Dr. Sunita Sudan and supervision of Prof. Bindu Kumari, NSS Programme Officer, Prof Renu Sharma and Prof Vijay Kumari, Department of EVS, with the sole objective of generating awareness towards plastic waste management. About 50 NSS Volunteers and other students participated in the awareness rally. The students were raising slogans and carrying placards, charts displaying messages regarding discouraging the use of plastic thereby sensitizing general public about hazards of plastic use.

Sd/-

PRINCIPAL

As a part of Swachhta he Seva campaign NSS Unit of the college in collaboration with environmental science department of the college organized awareness rally on the theme plastic management on 30-09-2019. In this rally about 50 students had participated.

OFFICE OF THE PRINCIPAL GOVERNMENT DEGREE COLLEGE, R.S. PURA

No: RSPC/1531
Date: 02/10/19

Press Release

NSS Unit of Government Degree College R.S. Pura in collaboration with NCC Girls and Boys wings of the college celebrated 150th Birth Anniversary of Mahatma Gandhi in the college campus. Proceedings of the programme were initiated by Ms. Muskan and Ms. Sarabjeet Kour (NSS volunteers) followed by lighting of the traditional lamp and floral tribute to the Gandhiji. Ms. Sudha and Ms. Mansi of Semester V spoke about non- violence, teachings and philosophy of Mahatma Gandhi. JUO Savita Rani of 2 J&K Girls Bn Jammu presented a beautiful poem on Gandhiji's contribution in India's Freedom struggle. NSS volunteers of Sem. III embraced the audience with a beautiful group song "Raghu Pati Raghav Raja Ram Pati T Pavan Sita Ram". A Skit based on Gandhian Philosophy was also presented by the volunteers. Dr. Rajinder Singh, Associate Professor in Chemistry also threw some light on the teachings of Gandhiji. Dr. Sunita Sudan, Principal of the college urged the students to follow the footprints and teachings of Gandhiji and also motivated them to work for the betterment of the society. She impressed upon the students to adopt the philosophy advocated by Mahatma Gandhi in their day to day life. The programme was concluded with the vote of thanks by Prof. Bindu Kumari, NSS Programme Officer where she appreciated the efforts of Prof. Balwan Singh, Dr. Chetan Sharma (Boys wing) Lt. Shaveta Chowdhary (Girls Wing), Dr. Namita Singh and others for making the event a success. On the same day, a rally was organized on "Fit India Movement" in which NSS volunteers and NCC cadets sensitized the general public about the hazards of plastic-use and later Shramdaan was also carried out in which students collected the plastic waste in the vicinity of the college.


02/10/2019
PRINCIPAL

NSS unit of the college in collaboration with NCC Girls and boys wing celebrated 150th Birth Anniversary of Mahatma Gandhi on 02-10-2019. About 32 students had participated in this celebration.

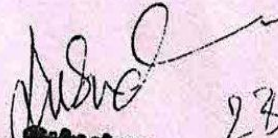
**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU**

No: RSPC/1638

Dated: 23.10.2019

PRESS RELEASE

2 J&K Girls Bn. NCC and NSS Volunteers of Govt. Degree College R. S. Pura performed community service in the Nari Niketan and orphanage of R.S Pura in ongoing celebration of 550th Birth Anniversary of Sri Guru Nanak Dev Ji under the able guidance of Principal, Dr. Sunita Sudan and supervision of Prof Rajinder Singh, Convener, Organizing Committee. A total 20 girls cadets and 20 NSS Volunteers cleaned the vicinities of Nari Niketan and orphanage in presence of Prof. Bindu Kumari, NSS PO, Dr. Anuradha and Lt. Shaveta Chowdhary, NCC ANO. After cleaning these areas, sweets and snacks were distributed to the orphan children and wards of Nari Niketan. The Principal of the college appreciated the efforts of the organizing committee.


23/10/2019
Principal
Govt. Degree College
R. S. Pura

NSS unit of the college with NCC unit performed community service in Nari Niketan and orphanage in ongoing celebration of 550th Birth Anniversary of Sh. Guru Nanak Dev Ji on 23-10-2019. About 20 students went to the Nari Niketan and orphanage and performed different activities there.

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OFFICE OF THE PRINCIPAL GOVERNMENT DEGREE COLLEGE, R.S. PURA

No: RSPC/ 1673
Date: 31/10/2019

Press Release

A pledge taking ceremony was organized by NSS Unit of Government Degree College R.S. Pura on the eve of “Rashtriya Ekta Diwas” under the guidance of Dr. Sunita Sudan, principal of the college and supervision of Prof. Bindu Kumari, NSS Programme officer. In the ceremony all the staff members (teaching and non- teaching) and students participated and pledged to preserve the unity, integrity and security of the nation which was made possible by the vision and actions of Sardar Vallabhbhai Patel. Principal of the college congratulated the staff and students on the birth anniversary of Sardar Vallabhbhai Patel ji and motivated them to follow the teachings of Loh Purush.

[Handwritten Signature]
31/10/2019

PRINCIPAL

Govt. Degree College
R. S. Pura

A Pledge taking ceremony was organized by NSS Unit on the eve of “Rashtriya Ekta Diwas” on 31-10-2019. The Pledge was taken by about 24 students.

the guidance of Principal Dr
Sunita Sudan and supervision of
Prof Bindu Kumari, Department
of Botany and Prof Sandeep,
Department of Education. NSS
volunteers namely Sourav
Sharma, Poornima, Aastha,
Neha, Ankita spoke on the life
history of Maulana Abul Kalam
Azad, great freedom fighter,
eminent educationist and the
first Union Minister of
Education. Dr Sunita Sudan also
enlightened the students about
various Pre and Post-
Independence activities carried
out by Maulana Azad.

OFFICE OF THE PRINCIPAL GOVERNMENT DEGREE COLLEGE, R.S. PURA

No: RSPC/1756

Date: 11/11/19

Press Release

NSS Unit of Government Degree College R.S. Pura under the guidance of Principal Dr. Sunita Sudan and supervision of Prof. Bindu Kumari, NSS Programme Officer and Prof. Sandeep, Deptt. of Education, celebrated **National Education Day**, the **Birth Anniversary of Maulana Abul Kalam Azad**. Principal of the college, Dr. Sunita Sudan was the chief guest on the occasion. Proceedings of the programme were initiated by Prof. Bindu Kumari with a warm welcome Address followed by Sarasvati Vandana. NSS volunteers namely Sourav Sharma, Poornima, Aastha, Neha, Ankita spoke on the life history of Maulana Abul Kalam Azad, great freedom fighter, eminent educationist and the first Union Minister of Education. Dr. Sunita Sudan, also enlightened the students about various Pre and Post-Independence activities carried out by Maulana Azad. The programme was concluded with the vote of thanks by Prof. Sandeep where she thanked principal of the college for her guidance and support, entire staff and NSS volunteers for managing the event in a smooth manner.


PRINCIPAL 11/11/2019

NSS unit of the college celebrated national education day, on the birth anniversary of Maulana Abul Kalam Azad on 11-11-2019. In this celebration about 21 students and 10 teachers were present.

OFFICE OF THE PRINCIPAL **GOVERNMENT DEGREE COLLEGE, R.S. PURA**

No: RSPC/2186

Date: 24.01.2020

Press Release

NSS Unit of Government Degree College R.S. Pura Celebrated National Girl Child Day on the theme "Beti Bachao Beti Padhao" (Save the Girl Child, Educate the Girl Child) under the guidance of Principal of the college, Dr. Sunita Sudan and supervision of NSS Programme Officer, Prof. Bindu Kumari. In this regard a poster making competition was organized in the college in which 25 volunteers participated and made various informative posters like Beti Bachao Beti Padhao, Save the Girl Child, Educate the Girl Child, Stop Female Foeticide etc. followed by a walkathon starting from college campus to Kotli Shah Daula and back covering a distance of 6 kms. NSS Volunteers also interacted with the public and sensitized them about this awareness programme regarding the issue of Beti Bachao Beti Padhao. In this walkathon NSS Volunteers also displayed the said posters. Prof. Nargis Nelofar and Prof. Sukhwinder Kour also accompanied the walkathon.

Sunita Sudan
24/01/2020
PRINCIPAL
Govt. Degree College
R.S. Pura

NSS unit of the college celebrated National Girl child day on the theme Beti Bachao Beti Padhao on 24-1-20. In this regard a poster making competition and a walkathon was organized. About 25 students have participated in the celebration.

(7)

OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU

No: RSPC/ 1377
Dated: 13.09.2019

PRESS RELEASE

Career Counselling Cell of GDC R. S. Pura organized a lecture on planning your Career/Career Options after Graduation under the guidance of the Principal of the college Dr. Sunita Sudan and supervision of Prof. S.K. Dhar, Convener Career Counseling Cell. The lecture was delivered by Prof. S.K. Dhar. In his exhaustive lecture, he emphasized on different career prospects after graduation. He spoke about selecting the right career path and achieving maximum out of their strengths to become successful in their lives. A total of 60 students participated in the lecture. Professor Dileep Raina and other members of the Counselling Cell were also present in the lecture.


PRINCIPAL 13/9/2019

**Career counseling cell organized a lecture on planning your career/
career options after graduation on 13-09-19. This lecture was
attended by about 60 students.**

PRESS RELEASE

Career Counselling Cell of GDC R. S. Pura organized a seminar on the theme 'Inculcating National Spirit' under the guidance of the Principal of the college Dr. Sunita Sudan and supervision of Dr. R.K. Bhat, Convener Career Counseling Cell. The programme started with a welcome address by Prof. Rajni Bala. 10 students participated in the seminar and spoke about promotion of a feeling of oneness among the citizens of the country, hindrances in the way of national integration, patriotism etc. Dr. R. K Bhat also expressed his views on various threats to national unity in our country. Prof. Esha Abrol and Prof. Shaveta Choudhary coordinated the event.


PRINCIPAL

12/02/2020

Career counseling cell of the college organized a seminar on the theme "Inculcating National Spirit" on 12-02-2020. In this seminar about 10 students had participated and spoke about promotion of feeling of oneness among the citizen of the country.

OFFICE OF THE PRINCIPAL
GOVT. DEGREE COLLEGE R S PURA
JAMMU

(8)

No. RSPC/564
Dated: 14/10/2019

PRESS RELEASE

An awareness Lecture on "DIGITAL INDIA- NATIONAL DIGITAL LITERACY MISSION" was organized in the college in collaboration with Jai Dev Institute of Professional Studies , R.S.Pura under the supervision of Prof. Jugal Kishore ,Convenor , Career Counselling Cell . The proceedings of the Lecture were initiated by Prof.Jugal Kishore . Mr. Khalid Hussain, was the resource person on the occasion. He aware the students about the Govt. of India initiative of "DIGITAL INDIA" under NATIONAL DIGITAL LITERACY MISSION and abreast them about the present job trends in the in Digital World and the importance of Computer Literacy in the present scenario.. A large no of Students participated actively in the lecture . Dr. Savitari Sharma ,Principal of the college applauded the efforts of the Career Counselling Cell in organizing such type of career oriented activities in the college and hope that such activities shall be organized in the college in future also.


PRINCIPAL

Career Counselling Cell of the college organised an awareness lecture on "Digital India-National Digital Literacy Mission" in collaboration with Jai Dev Institute of Professional Studies On 14-10-2019. This lecture was attended by about 31 students.

**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU**

No: RSPC/2523
Dated: 26.02.2020

PRESS RELEASE

Career Counselling Cell of GDC R. S. Pura organized a lecture on "*Career Opportunities after Graduation*" under the guidance of the Principal of the college Dr. Sunita Sudan and supervision of Dr. R.K. Bhat, Convener Career Counseling Cell. The programme started with a welcome address by Prof. Shaveta Choudhary. The lecture on the said topic was delivered by Dr. R.K. Bhat. In his exhaustive lecture, he emphasized on different career prospects after graduation. He spoke about selecting the right career path and achieving maximum out of their strengths to become successful in their lives. Prof. Esha Abrol presented formal vote of thanks and the event coordinated was by Prof. Rajni Bala. A total of 85 students participated in the lecture.


PRINCIPAL

26/02/2020

Principal
Govt. Degree College
R.S. Pura

Career counseling cell of the college organized a lecture on "Career opportunities after graduation" on 26-02-2020. This exhaustive lecture was attended by about 85 students of the college.

**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU**

No: RSPC/2700
Dated: 05.03.2020

PRESS RELEASE

Career Counselling Cell of GDC R. S. Pura organized an expert lecture by Mr. Vipoo Kaul from Global Institute of Professional Studies(GIPS), Chandigarh in relation to planning various Career Options after Graduation under the guidance of the Principal of the college Dr. Sunita Sudan. Dr. R.K. Bhat, Convener Career Counseling Cell introduced the expert to the audience and presented the welcome address. The lecture by the expert was based on the theme of New Avenues of Information Technology under the title "IT AND INDUSTRY, WAYS AND MEANS TO BECOME EMPLOYABLE". In his exhaustive lecture, he emphasized on different career prospects after graduation in both IT and Industrial sector. He spoke about selecting the right career path and achieving maximum out of their strengths to become successful in their lives. A total of 119 students participated in the lecture and live interaction took place later on. Dr. Rajni Bala, prof. Esha Abrol, Prof. Shaveta Chowdhary and Prof. Meesha Bhagat members of Career Counselling Cell were also present in the lecture. The lecture was ended with a fruitful insights by an expert.

Principal
Principal
Govt. Degree Colleg:
R.S. Pura
05/03/2020

Career counseling cell of the college organized a lecture on theme of New Avenues of Information Technology under the title "IT and Industry, ways and means to become employable on 05-03-2020. This lecture was attended by 119 students.

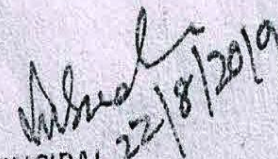
OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU

No: RSPC/1233

Dated: 22.08.2019

PRESS RELEASE

"Red Ribbon Club" of Govt. Degree College, R.S Pura in collaboration with J&K State Aids Control Society organized a Poster Making Event on HIV/AIDS awareness as part of month long celebration of "International Youth Day" Under the guidance of Dr. Sunita Sudan, Principal of the college and supervision of Prof. Swati, Convener Red Ribbon Club. 30 students of the college participated in the event and made informative posters related to the theme of AIDS awareness. Senior faculty member, Prof. Dileep Raina and other members of the club were also present on the occasion


PRINCIPAL 22/8/2019

Red Ribbon club of the college in collaboration with J&K state AIDS control society organized, a poster making event on HIV/AIDS awareness as a part of month long celebration of "International Youth Day" on 22-08-2019. The awareness posters were made by 30 students.

OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU

No: RSPC/1253

Dated: 23.08.2019

PRESS RELEASE

"Red Ribbon Club" of Govt. Degree College, R.S Pura in collaboration with J&K State Aids Control Society organized an awareness rally in the adjoining area of the college on HIV/AIDS as part of month long celebration of "International Youth Day" under the guidance of Dr. Sunita Sudan, Principal of the college and supervision of Prof. Swati, Convener Red Ribbon Club. 50 students of the college participated in the rally and raised various slogans like "Fight AIDS not People". "Yehi Hamara Nara Hai, AIDS Mukh Desh Banana Hai". Other members of the club, Prof. Shivani Sharma, Prof. Esha Abrol & Prof. Shaveta Choudhary were also present in the rally.

PRINCIPAL

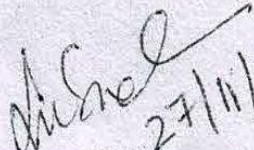
Red Ribbon club of the college in collaboration with J&K state AIDS control society organized an awareness rally in the adjoining area of the college as a part of celebration of "International Youth Day" on 23-08-2019. About 10 students participated in the rally.

OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU

No: RSPC/1850
Dated: 27.11.2019

PRESS RELEASE

"Red Ribbon Club" of Govt. Degree College, R.S Pura in collaboration with J&K State Aids Control Society organized a Seminar on the theme 'COMMUNITIES MAKE THE DIFFERENCE' as part of celebration of "World AIDS Day" under the guidance of Dr. Sunita Sudan, Principal of the college and supervision of Prof. Swati, Convener Red Ribbon Club. The proceedings were initiated by Dr. Anuradha, member Red Ribbon Club. 10 students of the college participated in the seminar in which they spoke about the cause, transmission and various preventive measures that need to be adopted for controlling this disease. They also stressed upon the role of communities in creating awareness among the general masses about the disease as AIDS patients are greatly discriminated against. The event concluded with formal vote of thanks by Prof. Esha Abrol.


27/11/2019
PRINCIPAL

Red Ribbon club of the college organized a seminar on the theme "communities make the difference" as a part of celebration of "World AIDS Day" on 27-11-2019. About 10 students participated in the seminar.

OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU

No: RSPC/1861
Dated: 29.11.2019

PRESS RELEASE

"Red Ribbon Club" of Govt. Degree College, R.S Pura in collaboration with J&K State AIDS Control Society organized an awareness rally in the adjoining area of the college on HIV/AIDS as part of ongoing celebration of "World AIDS Day" under the guidance of Dr. Sunita Sudan, Principal of the college and supervision of Prof. Swati, Convener Red Ribbon Club. 50 students of the college enthusiastically participated in the rally and raised various slogans like "Fight AIDS not People". "Yehi Hamara Nara Hai, AIDS Ko Door Bhagana Hai". Dr. Anuradha and Prof. Esha Abrol, members of the Red Ribbon Club coordinated the event.

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PRINCIPAL 29/11/2019

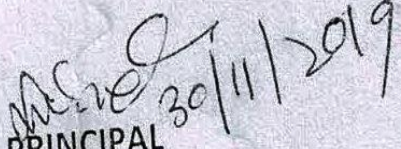
Red Ribbon club of the college organized an Awareness rally in the adjoining area of the college on HIV/AIDS as a part of celebration of "World AIDS Day" on 29-11-2019. About 50 students participated in the rally and raised various slogans regarding AIDS Awareness.

OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU

No: RSPC/ 1866
Dated: 30.11.2019

PRESS RELEASE

"Red Ribbon Club" of Govt. Degree College, R.S Pura in collaboration with J&K State AIDS Control Society organized a Painting/Poster Competition on the theme 'COMMUNITIES MAKE THE DIFFERENCE' as part of ongoing celebration of "World AIDS Day" under the guidance of Dr. Sunita Sudan, Principal of the college and supervision of Prof. Swati, Convener Red Ribbon Club. 20 students of the college participated in which they made informative posters depicting the theme of the competition. Dr. Anuradha and Prof. Esha Abrol, members of the Red Ribbon Club coordinated the event. Vivek Dabbay, Shivani Devi and Rohit Kumar of Semester-I were judged First, Second and Third in the competition respectively.


PRINCIPAL 30/11/2019

Red Ribbon club of the college organized a painting/poster competition on the theme "Communites make the difference" as a part of celebration of World AIDS Day on 30-11-2019. Beautiful paintings and posters on the theme were made by about 20 students.

OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU

No: RSPC/2205
Dated: 27-01-2020

PRESS RELEASE

"Red Ribbon Club" of Govt. Degree College, R.S Pura in collaboration with J&K State Aids Control Society organized a 'Positive Talk' on the theme "Channelizing Youth Power for Nation Building" as part of ongoing celebration of National youth Day – 2020 under the guidance of Dr. Rajinder Singh, Associate Professor in Chemistry and supervision of Prof. Swati, Convener Red Ribbon Club. 40 students of the college participated in the Talk and discussed the various issues being faced by the youth such as unemployment, drug addiction, gender discrimination etc. and suggested solutions for the same. They also deliberated upon the role of youth for the development of the society in particular and nation as a whole. Dr. Anuradha and Prof. Esha Abrol members of the Red Ribbon Club Coordinated the event.


27/01/20
PRINCIPAL

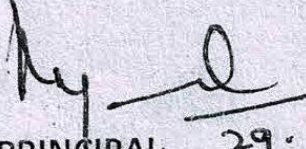
Red Ribbon Club in collaboration with J&K state AIDS control society organized a "Positive Talk" on the theme "Channelizing youth power for Nation Building" on 27-01-2020. In this talk various issues were discussed by about 5 teachers & 40 students.

**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU**

No: RSPC/ 2223
Dated: 29.01.2020

PRESS RELEASE

"Red Ribbon Club" of Govt. Degree College, R.S Pura in collaboration with J&K State Aids Control Society organized an activity "Tree for Life" on the theme "**Channelizing Youth Power for Nation Building**" as part of ongoing celebration of National Youth Day -2020 under the guidance of Dr. Rajinder Singh, Associate Professor in Chemistry and supervision of Prof. Swati, Convener Red Ribbon Club. 30 students of the college participated in this activity and decorated few plants and trees with small ribbons and cards with positive notes. Dr. Anuradha and Prof. Esha Abrol, members of the Red Ribbon Club Coordinated the event.


PRINCIPAL 29.01.2020

Red Ribbon club of the college organized an activity "Tree for life on theme channelizing youth power for Nation Building" on 29-01-2020. About 30 students of the college participated in this activity and decorated trees and plants with ribbons and cards with Positive notes.

GOVERNMENT DEGREE COLLEGE R.S. PURA


Medal Talley (2019-20)

Govt. Degree College R.S Pura participated in different Inter-Colligate Tournaments (Chess, Badminton, Volleyball, Kabaddi, Kho-Kho) and Won Silver medal in Kho-Kho (Men) and reached in quarter finals of Badminton (Women). Our Volleyball (Men) team participated in 5th Silver Rolling Governors Trophy held at GDC, Udhampur and reached in quarter final, we also participated in Sangam youth Festival 2019 held at Bhaderwah where we won Gold Medal in Photography, Silver medal in (4*100 mtrs) Relay Race, Runner –Up Trophy in Kho-Kho and Volley Ball and Bronze medal in Group Folk Dance. In sports Fest 2019 held at University of Jammu, Jammu we participated in Yoga, Dangal, Kho-Kho and Volleyball (women) in which we won Gold medal in Yoga, and Runner –Up trophy in Kho-Kho (Women). In Inter Collegiate Wrestling (Men) Tournament held at University of Jammu, we won one gold medal and one Bronze medal, in inter collegiate Judo Tournament held at University of Jammu we got one Silver Medal and One Bronze Medal. Gold Medal in Kho-Kho (Men), Silver Medal in Volleyball (Men) & our teams reached in Semifinals of Kho-Kho (Women), Semifinals of Kabaddi (Men), quarter finals of Badminton (Women), quarter finals of Tug of War (Men) in Sports Festival 2020 conducted by Higher Education Department at different venues.

• **Achievements in Sports:**

1. One Gold Medal in Yoga in Sports Fest.
2. One Silver Medal in Inter-Collegiate Kho-Kho,
3. One Silver Medal in 4*100 mtrs Relay Race in Sangam Youth Festival.
4. One Silver Medal in Kho-Kho (men) in Sangam Youth Festival.
5. One Silver Medal in Volleyball (Men) at Sangam Youth Festival.
6. One Silver Medal in Kho-Kho (Men) at Sports Fest.
7. One Gold Medal in Inter-Collegiate Wrestling (Men) Tournament.
8. One Bronze Medal in Inter-Collegiate Wrestling (Men) Tournament.
9. One Silver Medal in Inter-Collegiate Judo (Men) Tournament.
10. One Bronze Medal in Inter-Collegiate Judo (Men) Tournament.
11. One Gold Medal in Kho-Kho (Men) in Sports Festival 2020 organized by Higher Education Department.
12. One Silver Medal in Volleyball (Men) in Sports Festival 2020 organized by Higher Education Department.
13. One Gold Medal in Yoga (Men) at State Level Tournament organized by Patanjali at University of Jammu.
14. One student got selected for Nationals in Yoga (Men).
15. Three Students got selected for All India Inter University Grappling Tournament

Total No. of Medals: 13 (04 Gold + 07 Silver + 02 Bronze Medals).

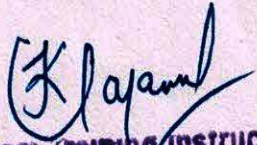

Physical Training Instructo
Govt. Degree College
R.S. Pura, Jammu

Sports Activity (2019-20)

Govt. Degree College R.S Pura participated in different Inter-Colligate Tournaments (Chess, Badminton, Volleyball, Kabaddi, Kho-Kho) and Won Silver medal in Kho-Kho (Men), and reached Quarter finals of Badminton (Women) . Our Volleyball (Men) team participated in 5th Silver Rolling Governors Trophy held at GDC, Udampur and reached quarter final, we also participated in Samgam youth Festival 2019 held at Bhaderwah where we won Gold Medal in Photography, Silver medal in (4*100 mtrs) Relay Race, Runner –Up Trophy in Kho-Kho and Volley Ball and Bronze medal in Group Folk Dance. In sports Fest 2019 held at University of jammu, Jammu we participated in Yoga, Dangkal, Kho-kho and Volleyball (women) in which we won Gold medal in Yoga, and Runner –Up trophy in Kho-Kho (Women)

1. One Gold Medal in Photography and Yoga.
2. One Bronze Medal in Wrestling by Karanveer Singh.
3. One Bronze Medal in boxing by Sahil Kumar.
4. One All India Inter-University in Westling at Rohtak Haryana by Vineet kumar.
5. One National in Wushu at Shilong by Ankit Sharma.
6. One Participation in international Level Training Programme at Japan in GASHUKU by Rishabh Arjuna.
7. Two all India Inter-University in Wushu at Panjab University, Chandigarh out of which one Bronze Medal by Ankit Sharma.

Total No. of Medals: 04 (01 Gold + 03 Bronze Medals).

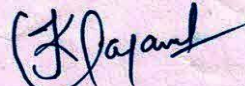

Physical Training Instructo
Govt. Degree College
R.S. Pura

GOVERNMENT DEGREE COLLEGE R.S. PURA

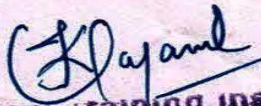
DEPARTMENT OF PHYSICAL EDUCATION

List of Participation of students in different Inter-Colligate, State Level last, National Level & International Level Sports Tournaments from 2019-20


S. No.	Session	Event	Date Venue	Achievements
1	2019-20	1. I/C Athletic Meet (Men & Women)	14.03.2019 to 16.03.2019 Jammu University	Participation
		2. I/C Kho-Kho (Men)	16.10.2019 to 18.10.2019 Jammu University	Silver Medal
		3. I/C Kho-Kho (Women)	16.10.2019 to 18.10.2019 Jammu University	Participation
		4. Trekking and Hiking (Men)	27.06.2019 organized by Jammu University at Leh.	Participation
		5. I/C Cross Country	09.09.2019 Jammu University	Participation
		6. I/C Cricket (Men)	11.09.2019 Jammu university	Participation
		7. I/C Badminton (Men & Women)	16.09.2019 to 21.09.2019 Jammu University	Participation
		8. I/C Chess (Men)	23.09.2019 Jammu university	Participation
		9. I/C Kabaddi (Men)	30.09.2019 Jammu University	Participation
		10. Governors Trophy Volley Ball	11.10.2019 GDC, Udhampur	Participation
		11. I/C Volley Ball (Men)	14.10.2019 to 18.10.2019 Jammu University	Participation
		12. I/C Volley Ball (Women)	14.10.2019 to 18.10.2019 Jammu University	Participation
		13. I/C Boxing (Men)	04.11.2019 Jammu University	Participation
		14. I/C Weight Lifting	18.11.2019 to 19.11.2019 Jammu University	Participation
		15. Sangam Youth Festival 4x100 meter Relay Race	13.10.2019 at Bhaderwah Campus	Silver Medal
		16. Sangam Youth Festival Kho-Kho Men	13.10.2019 at Bhaderwah Campus	Silver Medal
		17. Sangam Youth Festival Volleyball Men	11.10.2019 at Bhaderwah Campus	Silver Medal
		18. Sangam Youth Festival Kabaddi Men	11.10.2019 at Bhaderwah Campus	Participation
		19. Sangam Youth Festival Marathon Men & Women	12.10.2019 at Bhaderwah Campus	Participation
		20. Sangam Youth Festival Javillian Men	12.10.2019 at Bhaderwah Campus	Participation
		21. Sangam Youth Festival Long Jump Men	12.10.2019 at Bhaderwah Campus	Participation


Physical Training Instructor
Govt. Degree College
R.S. Pura

22. Sangam Youth Festival Discuss Throw Men	12.10.2019 at ✓ Bhaderwah Campus	Participation
23. Sangam Youth Festival Discuss Throw Men	12.10.2019 at Bhaderwah Campus	Participation
24. Sangam Youth Festival Shot-Put Men	12.10.2019 at Bhaderwah Campus	Participation
25. Sangam Youth Festival 100 Mtr. Race Men	13.10.2019 at Bhaderwah Campus	Participation
26. Sangam Youth Festival 200 Mtr. Race Men	13.10.2019 at Bhaderwah Campus	Participation
27. Sangam Youth Festival 4×400 Mtr. Relay Race Men	13.10.2019 at Bhaderwah Campus	Participation
28. Sports Festival (Dangal- Men)	22.10.2019 Jammu University	Participation
29. Sports Festival (Kho-Kho- Men)	23.10.2019 Jammu University	Silver Medal
30. Sports Festival (Yoga- Men)	23.10.2019 Jammu University	Gold Medal
31. Sports Festival (Volleyball - Women)	24.10.2019 Jammu University	Participation
32. I/C Wrestling (Men)	31.02.2020 Jammu University	01 Gold Medal 01 Bronze Medal
33. I/C Judo (Men)	05.02.2020 Jammu University	01 Silver Medal 01 Bronze Medal
34. I/C Power Lifting (Men)	07.02.2020 Jammu University	Participation
35. First Sports Festival of J&K UT organized by HED (Kho-Kho- Men)	17.02.2020 to 20.02.2020 GCW Gandhi Nagar, Jammu	Gold Medal
36. First Sports Festival of J&K UT organized by HED (Volleyball Men)	18.02.2020 to 20.02.2020 SPMR College	Silver Medal
37. First Sports Festival of J&K UT organized by HED (Kabaddi Men)	17.02.2020 to 20.02.2020 GCW Gandhi Nagar, Jammu	Participation
38. First Sports Festival of J&K UT organized by HED (Cricket Men)	18.02.2020 MA Stadium	Participation
39. First Sports Festival of J&K UT organized by HED (Kho-Kho- Women)	17.02.2020 to 20.02.2020 GCW Gandhi Nagar, Jammu	Participation
40. First Sports Festival of J&K UT organized by HED (Badminton Men)	20.02.2020 to 23.02.2020 Govt. MAM College	Participation
41. First Sports Festival of J&K UT organized by HED (Badminton Women)	24.02.2020 to 26.02.2020 Govt. MAM College	Participation
42. First Sports Festival of J&K UT organized by HED (Tug of War Men)	26.02.2020 to 28.02.2020 GGM Science College	Participation


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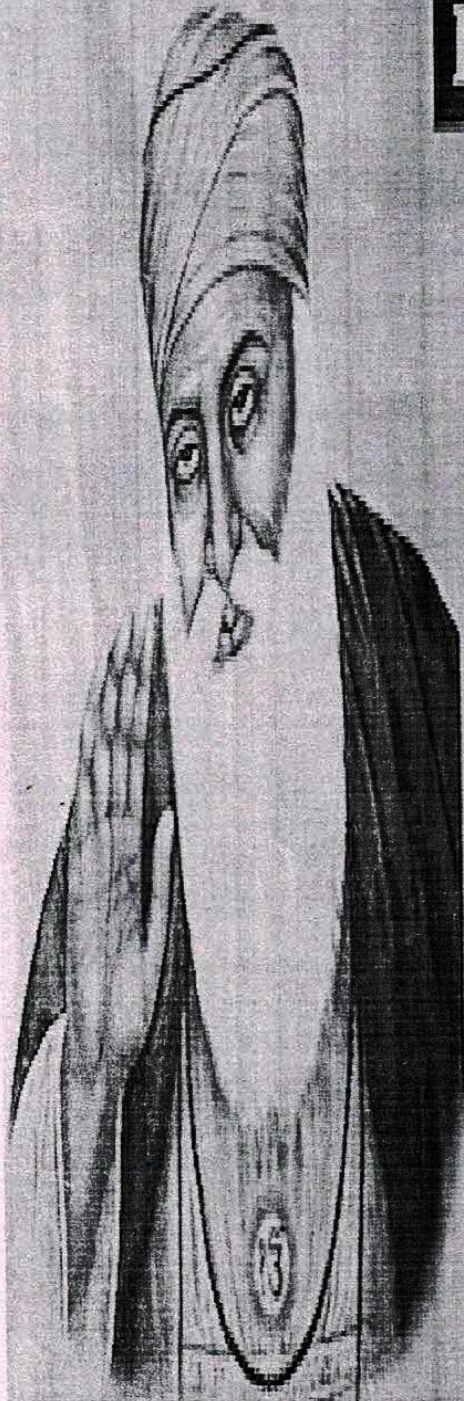
	43. First Sports Festival of J&K UT organized by HED (Tug of War Women)	26.02.2020 to 28.02.2020 GGM Science College	Participation
	44. Trekking and Hiking (Men)	18.11.2020 to 27.11.2020 From Basoli to Bhaderwah	Participation
	45. Cricket (Men) Red Bull College Campus Tournament	22.02.2021 Gharota Cricket Ground	Participation


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R.S. Pura

GOVERNMENT DEGREE COLLEGE



R.S. PURA



Celebration

**550th Birth Anniversary of
SRI GURU NANAK DEV JI**

w.e.f. 14th Oct. 2019 to 11th Nov, 2019

30 th Oct. 2019	Community service in the Nari Niketan and Orphanage of R.S Pura	A total 20 girls cadets and 20 NSS Volunteers cleaned the vicinities of Nari Niketan and orphanage in presence of Prof. Bindu Kumari, NSS PO, Dr. Anuradha and Lt. Shaveta Chowdhary, NCC ANO. After cleaning these areas, sweets and snacks were distributed to the orphan children and wards of Nari Niketan. <i>He was the founder of these centres</i>
31 st Oct. 2019	Lecture On "Comparative Religion studies" with special reference to Sri Guru Nanak Dev Ji by Dr. Vijender Kumar	Dr. Vijender Kumar enlightened the gathering regarding the principles given by Sri Guru Nanak Dev Ji by relating his preaching to the philosophies of the Lord Krishna given in The Gita. He stated that Sikhism is the religion of endless learning. In his lecture he expressed his message by taking some quotes of Guru Nanak Dev ji to the gathering. <i>Principal of the college also present</i>
01 st Nov. 2019	Bhakti Gayan	The students performed bhajans and shabads in the event The moral contemporary issues were event's soul which provided a glimpse of the ill moral values. Consolation Prizes <ul style="list-style-type: none"> • ManpreetKour • Harmeet Singh • Samandeep Singh • Gurjot Singh • Tableen Singh • Astha • DK Dogra.
04 th Nov. 2019	Inter College Seminar on the Philosophy of Sri Guru Nanak Dev Ji	Participants from 07 colleges namely, GGM Science College, GDCBishnah, GCW Gandhi Nagar, GDCJindrah, GCW Parade, SPMR College of Commerce and GDC R.S. Pura participated in the event. The judges for the event were Dr. Richpal Singh, Prof. Amit Kumar and Dr. Vijender Kumar. <i>Use of an college</i> Winners: First prize was bagged by Mr. Navjot Singh from SPMR College of Commerce, Ms. Anmol Sharma from GDC Bishnah was adjudged second winner and Ms. RoseleenKour from SPMR College of Commerce was adjudged third winner. Prof. Dileep Raina also spoke on the relevance of Philosophy of Sri Guru Nanak Dev Ji and enlightened the participants about significance of Sri Guru Nanak Dev Ji's preaching's.
05 th Nov. 2019	Pagri Tying Competition	13 students participated in the event. Winners <ul style="list-style-type: none"> • Jaspreet Singh and Jagjeet Singh of Semester-V were adjudged as First Winner. • SarabjeetSingh (Sem.-I) Bagged second Prize • Gurvinder Singh (Sem.-V) bagged third position.

08th Nov.2019

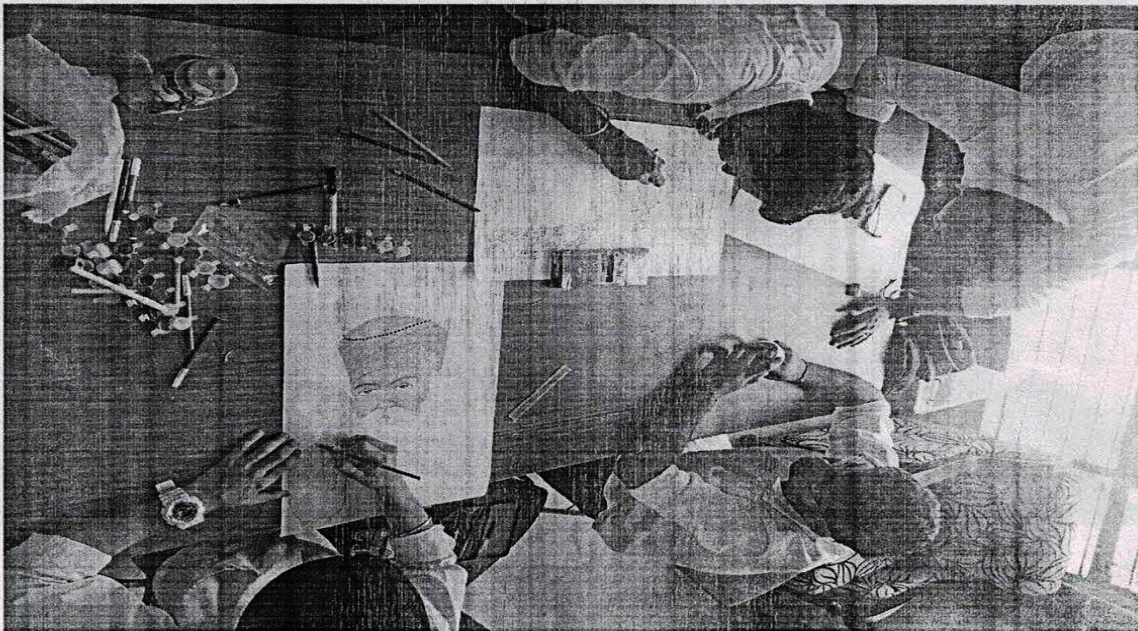
**Kirtan Darbar & Langar
Prashad Programme
at
Gurudwara Sahib R.S Pura**

The programme started with Shabdh Gayan by Bhai Daljeet Singh and team. Dr. Rajinder Singh, Associate Prof. GDC R.S Pura and convener of the Programme also enthralled the audience with his shabd Kirtan. Sdr. Narinder Singh, Ex-Principal and President Distt. Gurudwara Prabandhank committee, Poonch enlightened the students about relevance of Teachings of Sri Guru Nanak Dev Ji in the present Scenario by quoting Shalokas from Shri Guru Granth Sahib and related them with Science. Dr. Satinder Singh, Ex-Principal GGM Science College, Jammu and Nodal Officer (Retd.) Jammu Division Colleges and Dr. Kulvinder Kour, Principal GDC Bishnah along with her faculty members also graced the occasion with their benign presence. Dr. Sunita Sudan, Principal GDC R.S Pura facilitated Sdr. Narinder Singh, Ex-Principal and President Distt. Gurudwara Prabandhank committee and Dr. Satinder Singh, Ex-Principal GGM Science College and Nodal Officer (Retd.) Jammu Division Colleges on this occasion. Formal vote of thanks was presented by Dr. Sunita Sudan, Principal GDC R.S Pura who thanked all the guests for their presence. The programme concluded with Ardaas followed by Guru Ka Langar. A large gathering of masses from nearby villages and market also participated in the event.

*The program was anchored
conducted by Dr. Rajinder Singh*

15th Oct. 2019- Poster/Painting Competition

Govt. Degree College R. S. Pura inaugurated the 'Celebration of 550th Birth Anniversary of Sri Guru Nanak Dev Ji' by organizing a Painting/ Poster making Competition on the theme "Life and Teachings of Sri Guru Nanak Dev Ji" under the guidance of Principal, Dr. Sunita Sudan and supervision of Prof Rajinder Singh, Convener Organizing Committee. About 30 students participated in the event and made enlightening and beautiful paintings and posters depicting the various life events and teachings of Sri Guru Nanak Dev Ji. Principal, Dr. Sunita Sudan in her presidential address thanked the organizers for smooth conduct of the event and thanked the students for their active participation. Prof. Dileep Raina, Prof. Esha Abrol and Prof. Shaveta Chowdhary coordinated and judged the event. Navgeet Singh of semester V, Harvinder Jeet Kaur and Pallvi of semester I were judged First, Second and Third in the event whereas consolation prizes were given to Shubham of semester V and Simran Kumari of semester I.



was the chief guest, while Prof Rajni Kant Sinha, the campuses participat- The highlight of the event was mesmerising

GDC R S Pura organises painting, poster making competition



Students displaying paintings during the contest.

■ **STATE TIMES NEWS**

R S PURA: Govt. Degree College R. S. Pura inaugurated the 'Celebration of 550th Birth Anniversary of Sri Guru

ing a painting/ poster making competition on the theme "Life and Teachings of Sri Guru Nanak Dev Ji" under the

vision of Prof Rajinder Singh, Convener, Organizing Committee.

About 30 students participated in the event and made enlightening and beautiful paintings and posters depicting the various life events and teachings of Sri Guru Nanak Dev Ji. Prof. Dileep Raina, Prof. Esha Abrol and Prof. Shaveta Chowdhary coordinated and judged the event. Naveet Singh of semester V, Harvinderjeet Kaur and Pallvi of semester I were judged first, second and third in the event whereas consolation prizes were given to Shubham of

15-10-2019 – Poster/Painting Competition

Celebration 550th birth Anniversary of Sh. Guru Nanak Dev Ji 2019.

2. 19th Oct. 2019

KAVI DARBAR

Govt. Degree College R. S. Pura organized a *Kavi Darbar* in the ongoing celebration of 550th Birth Anniversary of Sri Guru Nanak Dev Ji under the able guidance of Principal, Dr. Sunita Sudan and supervision of Prof Rajinder Singh, Convener Organizing Committee. In the Poetry segment, 5 eminent poets viz. Dr. B. S. Raina, S. Amar Singh Kuka, S. Bachan Bharti, S. Jang S. Varman and S. Bhupinder Singh Bhargav participated in the event and presented enlightening and beautiful poems portraying the life events and teachings of Sri Guru Nanak Dev Ji. About 11 students of the college also participated in the poetry competition in which Maansi of Semester V and Mandeep Kour of Semester III bagged first , Deepak Choudhary of Semester V and Harshdev Singh of semester I were judged second and Aastha Bharti bagged third in the event. Dr. Richpal Singh, Prof. Nargis Nelofer, Prof. Amradha, Dr. Raj Kumar Santhal and Prof. Shaveta Chowdhary coordinated the event.



GDC R S Pura organises Kavi Darbar



Dignitaries along with faculty posing for photograph.

■ STATE TIMES NEWS

R S PURA: Govt. Degree College R. S. Pura organised a Kavi Darbar in the ongoing celebration of 550th Birth Anniversary of Sri Guru Nanak Dev under the guidance of Principal, Dr. Sunita Sudan and

supervision of Prof Rajinder Singh, Convener, Organizing Committee.

In the Poetry segment, 5 eminent poets viz. Dr. B. S. Raina, S. Amar Singh Kuka, S. Bachan Bharti, S. Jang S. Varman and S. Bhupinder Singh Bhargav

participated and presented beautiful poems portraying the various life events and teachings of Sri Guru Nanak Dev Ji. About 11 students participated in the poetry competition in which Maansi of Semester V and Mandeep Kour of Semester III bagged first, Deepak Choudhary of Semester V and Harshdev Singh of semester I were judged second and Aastha Bharti bagged third position in the event. Dr. Richpal Singh, Prof. Nargis Nelofer, Prof. Anuradha, Dr. Raj Kumar Santhal and Prof. Shaveta Chowdhary coordinated the event.

19-10-2019 KAVI DARBAR

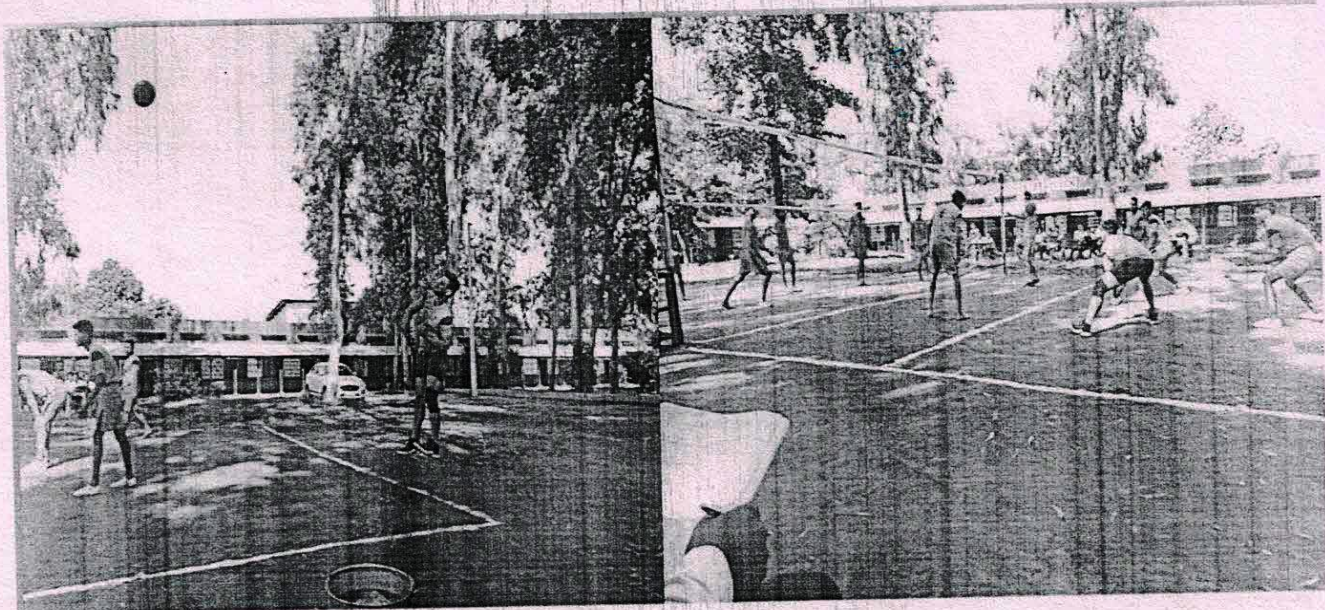
Celebration of 550th Birth Anniversary of Guru Nanak Dev Ji

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■ STAT
TAMM

3. 22nd Oct. 2019 - Volleyball Match
G.D.C R.S. Pura Boys Vs Govt. Model Boys Hr. Sec. School R.S. Pura

Govt. Degree College R. S. Pura organized a friendly Volleyball match in the ongoing celebration of 550th Birth Anniversary of Sri Guru Nanak Dev Ji under the guidance of Principal, Dr. Sunita Sudan and Supervision of Prof Rajinder Singh, Convener Organizing Committee. The match was held between Govt. Degree College R.S. Pura Boys team and Govt. Model/ICT Boys Hr. Sec. School R.S. Pura. Mr. Janak Raj Principal of the School and Dr. Ajay Singh Dadwal Convener, Sports Committee, GDC, R. S. Pura inaugurated the match. The match was coordinated by Mr. Neeraj Sharma, Sr. Lecturer Physics from the school and Dr. Sukhdeep Singh Sasan & Ms. Kajal Premi, PTI from the college. Both teams played with full zeal and enthusiasm. Govt. Model/ICT Boys Hr. Sec. School R.S. Pura was declared as winner team.



for the hosts.
India's 11th successive series a foot wrong during the

Total

GDC R S Pura organises friendly volleyball match



Volleyball teams posing with faculty members.

■ STATE TIMES NEWS

R S PURA: Government Degree College (GDC) R S Pura on Tuesday organised a friendly volleyball match in

the ongoing celebration of 550th Birth Anniversary of Guru Nanak Dev under the guidance of Principal, Dr. Sunita Sudan and supervi-

sion of Prof Rajinder Singh, Convener, Organizing Committee. The match was held between GDC R S Pura boys team and Government Model/ICT Boys Higher Secondary School R S Pura.

Principal of the School, Janak Raj and Convener, Sports Committee, GDC R S Pura, Dr. Ajay Singh Dadwal inaugurated the match.

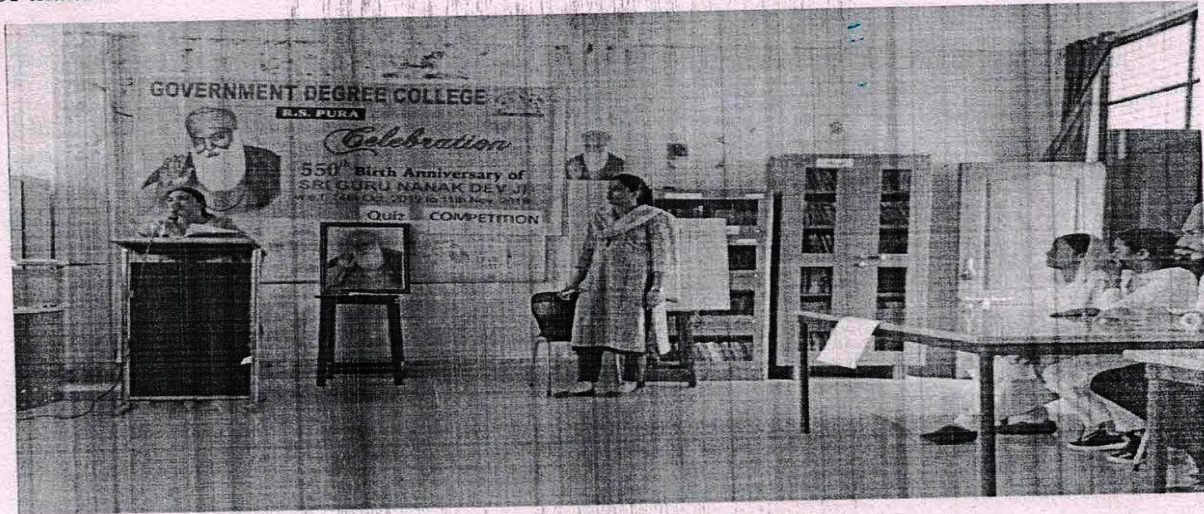
The match was coordinated by Neeraj Sharma, Senior Lecturer Physics from the school, and Dr. Sukhdeep Singh Sasan and Kajal Premi, PTI from the college. Both teams played with full zeal and enthusiasm.

Heritage School students shine

22-10-2019 volleyball match

Celebration of 550th Birth Anniversary of Sh. Guru Nanak Dev Ji

Govt. Degree College R. S. Pura organized Quiz Competition in connection with the 'Celebration of 550th Birth Anniversary of Sri Guru Nanak Dev Ji' on the theme "Teaching of Sri Guru Nanak Dev Ji" under the guidance of Principal, Dr. Sunita Sudan and supervision of Prof Rajinder Singh, Convener, Organizing Committee. Four teams of 16 students participated in the event. Dr. Rajni Bala presented the welcome address. Dr. Anuradha, coordinated the quiz competition. **One team was selected as winners. Team C comprising of Ms. Anjana of Sem III, Mandeep Kour of Sem III, Navget singh of Sem V, Gurjot Singh of Sem I were adjudged as Winners.** Dr. Raj Kumar Santhal, Prof. Shaveta Chowdhary, Prof. Nazia Chowdhary and other faculty members were present on the occasion. Dr. Rajinder Singh presented formal vote of thanks.



Quiz competition on Teachings of Sh. Guru Nanak Dev Ji

on 24-10-2019

ing nightmares : Vibodh

power in the hands of the public, success of BDC elections and democracy at the root level are some achievements of Hon'ble PM Modi led BJP government that have become the biggest nightmares for Abdullah-Mufti family."

Speaking on the occasion, district president Dinesh Sharma also congratulated all the elected candidates for their victory in Block Development Council elections. He appealed them to keep the trust of people and contribute to their welfare. Addressing the gathering Chowdhry Talib said that the BJP's victory in BDC elections is the victory of people. He thanked everyone for their support and ensured that their welfare will always be BJP's tog agenda.

BJP district general secretary Atam Gupta also spoke on the occasion.

Seminar, quiz contest held on teachings, preachings of Guru Nanak Dev



GDC R S Pura students along with faculty during the event.

■ STATE TIMES NEWS

BILLAWAR: To commemorate the 550th birth anniversary of Guru Nanak Dev, a series of functions have been organised in Govt. Degree College Billawar under the Guidance of Principal Prof. (Dr) Jugal Kishore Sharma.

A seminar was organized on the topic "Teachings and Preaching's of Guru Nanak Dev". Students participated voluntarily in the seminar.

Seminar highlights the teaching of Guru Nanak Dev Ji in a holistic way and its relevance in the present society. In the series of these events to conclude the program; a movie clip was also shown to students which promote "Teachings and Preaching's of Guru Nanak Dev" by Dr. Arun Sharma. The function was held under the convener-ship of Cultural committee Prof. Rajni Kumari com-

peered by the Prof. Jigmet Stobden and vote of thanks was given by Prof. Anil Kumar Verma.

R S PURA: Govt. Degree College R. S. Pura organized quiz competition in connection with the 'Celebration of 550th Birth Anniversary of Sri Guru. Nanak Dev' on the theme "Teaching of Sri Guru Nanak Dev" under the guidance of Principal, Dr. Sunita Sudan and supervision of Prof. Rajinder Singh, Convener, Organizing Committee. Four teams of 16 students participated in the event.

Dr. Rajni Balapresented the welcome address. Dr. Anuradha, coordinated the quiz competition. Two teams were selected as winners. Dr. Raj Kumar Santhal, Prof. Shaveta Chowdhary, Prof. Nazia Chowdhary and other faculty members were present on the occasion. Dr. Rajinder Singh presented formal vote of thanks.

DySP's son among two youth killed in mishap

■ STATE TIMES NEWS

UDHAMPUR: Two bike borne youth including son of DySP were killed in a road mishap at Udhampur on Thursday.

According to a report, a bike (JK14F-0465) skidded off the road and smashed with a stranded truck near Sahji Mandi. The deceased have been identified as Vishal Sagar, son of Dy.SP Vidya Sagar and Sushant Kumar, son of Shayam Lal, both residents of Udhampur. Both the bodies were shifted to DHU for autopsy and later handed over to family members. Udhampur police registered a case and launched the investigation.

Rotarians celebrate

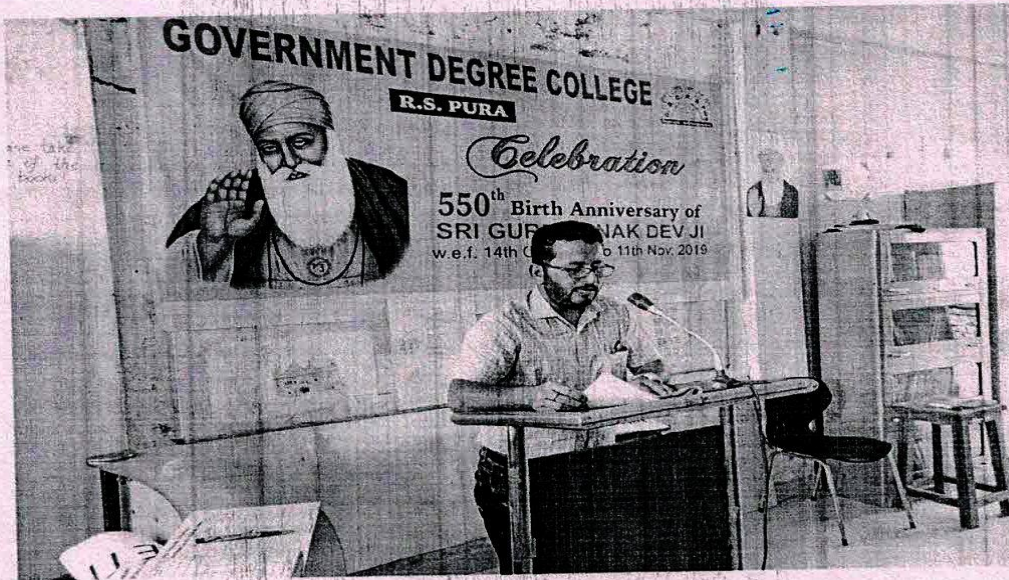
Quiz Competition on 24-10-2019

Celebration of 550th Birth Anniversary of Sh. Guru Nanak Dev Ji

25th Oct. 2019

Lecture on “Teachings of Indian Saints with special reference to Guru Nanak Dev Ji.” A comparative study by Prof. Balwan Singh

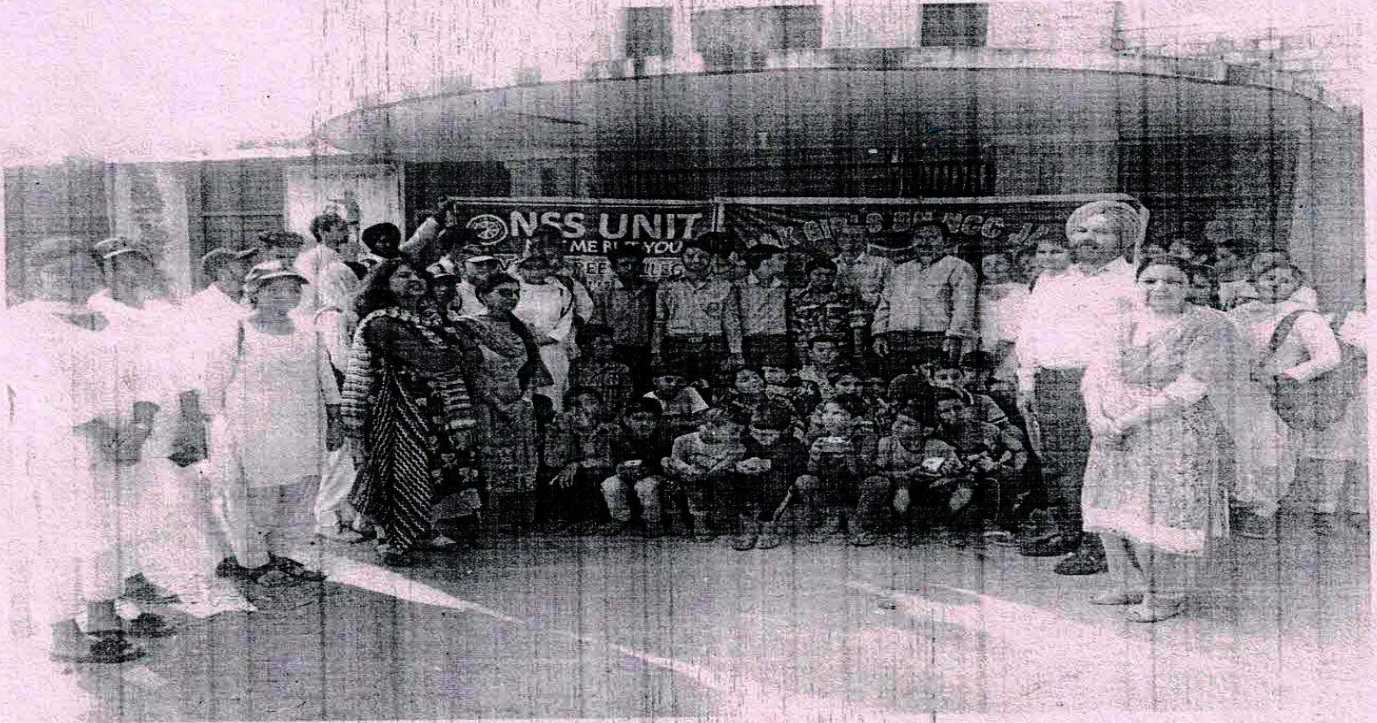
Govt. Degree College R. S. Pura organized a lecture on “Role of Sri Guru Nanak Dev Ji in Bhakti Kaleen Sant Kavita” in the ongoing celebration of 550th Birth Anniversary of Sri Guru Nanak Dev Ji under the guidance of Principal, Dr. Sunita Sudan and supervision of Dr. Rajinder Singh, Convener, Organizing Committee. The event started with welcome address by Dr. Rajni Bala in which she introduced the topic of the lecture to the audience. In his lecture, Prof. Balwan Singh stressed upon the teachings given by Sri Guru Nanak Dev Ji during Bhakti Period in which he opposed the evils like casteism, religious superstitions & gender inequality and rooted for the cause of women empowerment and equal society. The programme was concluded by formal vote of thanks by Dr. Rajinder Singh.



25-10-2019 Lecture on “Teachings of Sh. Guru Nanak Dev Ji”

Celebration of 550th Birth Anniversary of Sh. Guru Nanak Dev Ji

2 J&K Girls Bn. NCC and NSS Volunteers of Govt. Degree College R. S. Pura performed community service in the Nari Niketan and Orphanage of R.S Pura in ongoing celebration of "550th Birth Anniversary of Sri Guru Nanak Dev Ji" under the guidance of Principal, Dr. Sunita Sudan and supervision of Prof Rajinder Singh, Convener Organizing Committee. A total 20 girls cadets and 20 NSS Volunteers cleaned the vicinities of Nari Niketan and Orphanage in presence of Prof. Bindu Kumari, NSS PO, Dr. Anuradha and Lt. Shaveta Chowdhary, NCC ANO. After cleaning these areas, sweets and snacks were distributed to the orphan children and wards of Nari Niketan. The Principal of the college appreciated the efforts of the organizing committee.



**30-10-2019 Community service in Nari Niketan an Orphange
Celebration of 550th Birth Anniversary of Sh. Guru Nanak Dev Ji.**

-7. 31st Oct. 2019 Lecture On “Comparative Religion studies” with special reference to Sri Guru Nanak Dev Ji by Dr. Vijender Kumar.

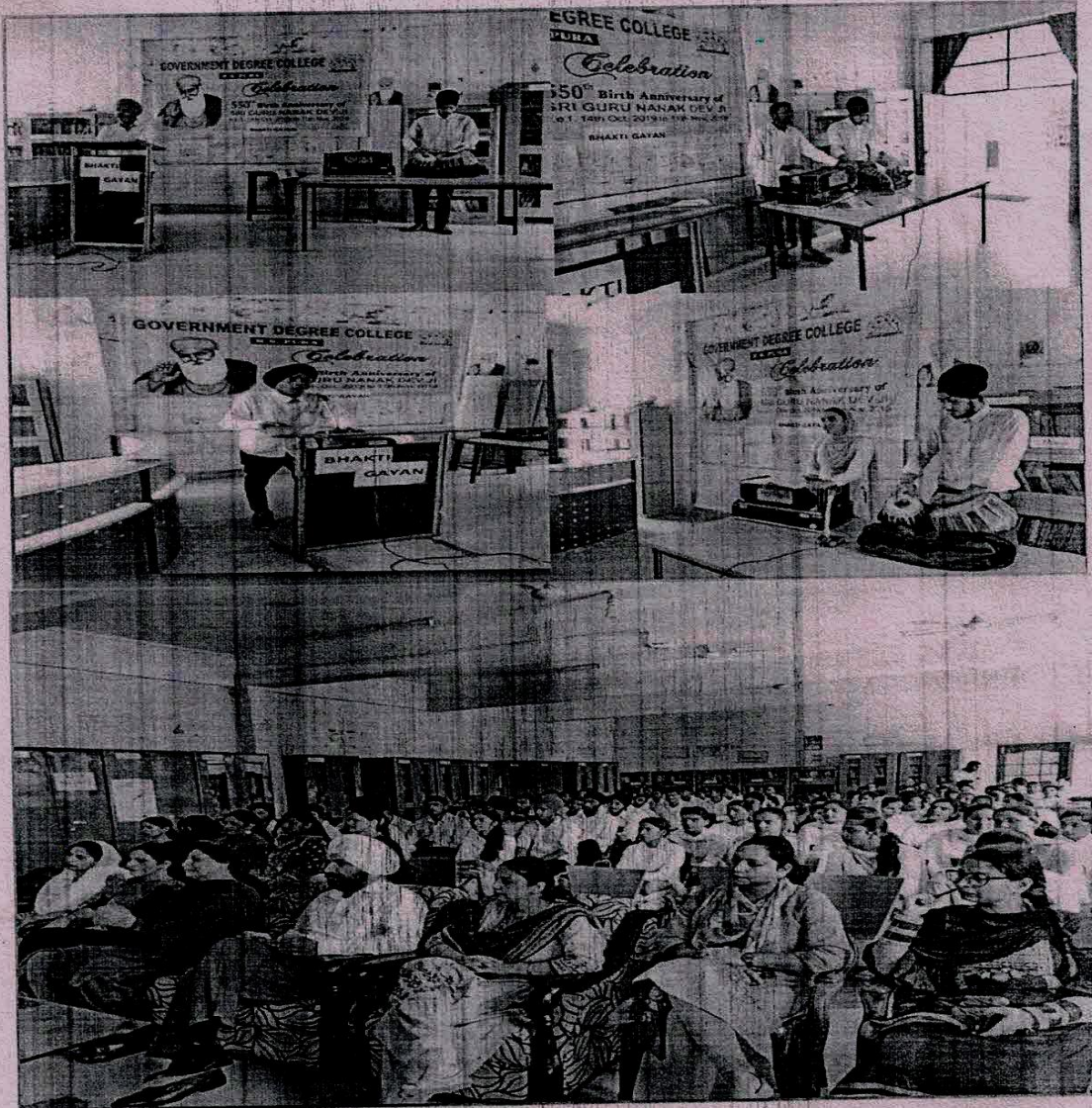
Enduring the celebration of 550th Birth Anniversary of Sri Guru Nanak Dev Ji, the lecture on “Comparative Religion Studies” with special reference to Sri Guru Nanak Dev Ji by Dr. Vijender Kumar was held at Govt. Degree College, R. S. Pura under the guidance of the Principal, Dr. Sunita Sudan. The programme was conducted under the supervision of Dr. Rajinder Singh, Convener and Coordinator Organizing Committee. Dr. Anuradha presented the welcome address wherein she introduced the topic of the lecture to the audience. In his lecture, Dr. Vijender Kumar enlightened the gathering regarding the principles given by Sri Guru Nanak Dev Ji by relating his preaching to the philosophies of the Lord Krishna given in The Gita. He stated that Sikhism is the religion of endless learning. In his lecture he expressed his message by taking some quotes of Guru Nanak Dev ji to the gathering. During the Lecture Dr. J P Singh, Dr. Ajay Dadwal, Prof. Nargis Nelofar, Dr. R K Bhat, Prof Swati, Prof Balwan and others were also present. The formal vote of thanks was presented by Dr. Rajinder Singh.



31-10-2019 Lecture on “Comparative Religion Studies”

Celebration of 550th Birth Anniversary of Sh. Guru Nanak Dev Ji.

In the ongoing celebration of 550th Birth Anniversary of Sri Guru Nanak Dev Ji, “**Bhakti Gayan**” was held at Govt. Degree College, R. S. Pura under guidance of the Principal, Dr. Sunita Sudan. The programme was planned under the supervision of Dr. Rajinder Singh, Convener and Coordinator Organizing Committee. Dr. Anuradha presented the welcome address. The students performed bhajans and shabads in the event. The students who performed in this event included Manpreet Kour, Harmeet Singh, Samandeep Singh, Gurjot Singh, Tableen Singh, Astha and DK Dogra. The event was hosted by the student named Muskan. The moral contemporary issues were also taken in regard which provided a glimpse of the ill moral values. The participants presented a moral message with reference to the preaching of Shri Gurk Nanak Dev Ji in their singing. During the event Prof. Nargis Nelofar, Prof. Swati, Prof. Menaka Rajput, Dr. Rajni Bala, Prof. Nazia Chowdhary, Dr. Rajnish, Prof. Sheetal, Prof. Renu Sharma and others were also present. The formal vote of thanks was presented by Dr. Rajinder Singh.



01-11-2019 bhakti Gayan

Celebration of 550th Birth Anniversary of Sh. Guru Nanak Dev Ji

mented by the government departments. The specific areas discussed included CD Ratio of the district, finan-

Literacy camps conducted by the Rural Branches, it is informed that 144 such

stands sanctioned. In cases of KCC (Animal Husbandry) it was stated

held on the centenary schemes un-

Bhakti Gyan programme held at GDC R S Pura



A student expressing views during the programme at R S Pura.

College, R. S. Pura under the direction of the Principal, Dr. Sunita Sudan.

The programme was designed under the supervision of Dr. Rajinder Singh, (Convener and Coordinator, Organizing Committee). Dr. Anuradha presented the welcome address. The students performed Bhajans and Shabads in the event. The students who performed in this event included Manpreet Kour, Harmeet Singh, Samandeep Singh, Gurjot Singh, Tableen Singh, Astha and DK Dogra. The event was hosted by the student named Muskan. The moral contemporary issues were events soul which provided a glimpse of the ill moral values. The participants presented a moral message with reference to the preaching of Gurk Nanak Dev in their singing. During the event Prof. Nargis Nelofar, Prof. Swati, Prof. Menaka Rajput, Dr. Rajni Bala, Prof. Nazia Chowdhary, Dr. Rajnish, Prof. Sheetal, Prof. Renu Sharma and others were also present. The formal vote of thanks was presented by Dr. Rajinder Singh to conclude the programme.



KAS probationers

STATE TIMES NEWS
R S PURA: On the celebration of 550th Birth Anniversary of Sri Guru Nanak Dev, the event of 'Bhakti Gayan' held at Govt. Degree

STATE TIMES NEWS
UDHAMPUR: A group of 22 Jammu K Administrative Se (KAS) probationers undergoing training at Institute of Management and Public Administration (IMPA), Jammu today visited Udhampur and

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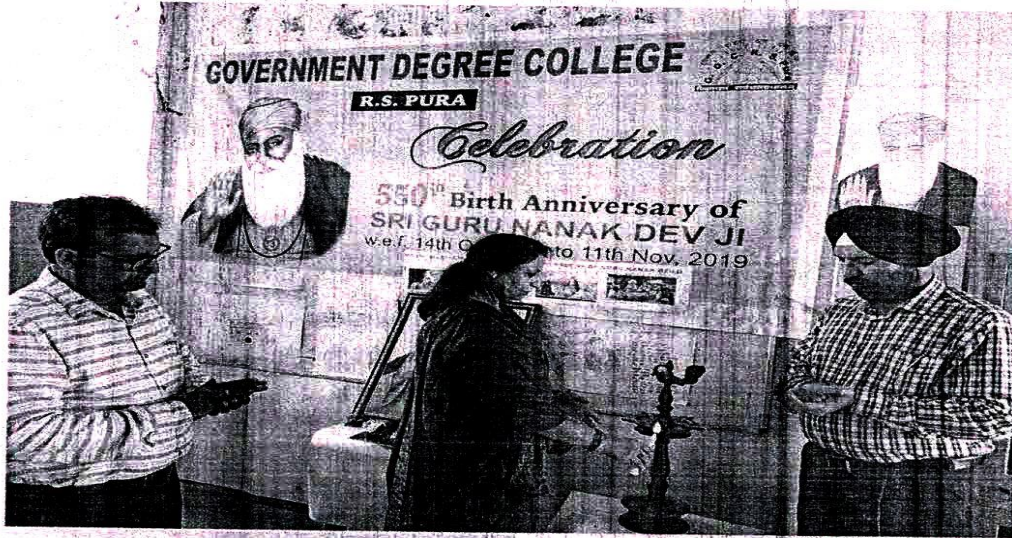
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01-11-2019 Bhakti Gyan

Celebration of 550th Birth Anniversary of Sh. Guru Nanak Dev Ji

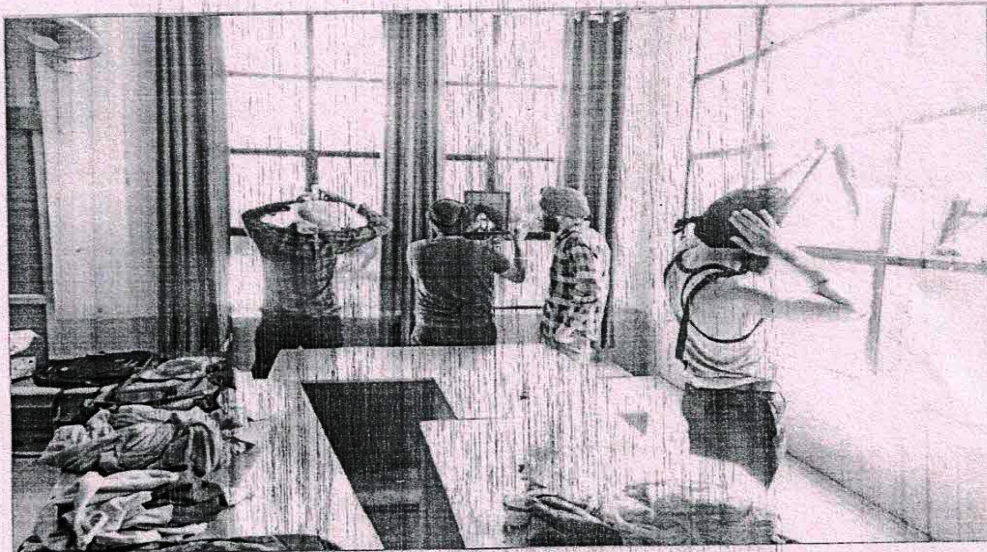
Govt. Degree College R. S. Pura organized Inter College Seminar on the Philosophy of Sri Guru Nanak Dev Ji in connection with the Celebration of 550th Birth Anniversary of Sri Guru Nanak Dev Ji under the guidance of Principal, Dr. Sunita Sudan and supervision of Prof Rajinder Singh, Convener Organizing Committee. Participants from 07 colleges namely, GGM Science College, GDC Bishnah, GCW Gandhi Nagar, GDC Jindrah, GCW Parade, SPMR College of Commerce and GDC R.S. Pura participated in the event. Prof. Dharvinder Kumar welcomed all the faculty members and the participants from different colleges during the occasion. The judges for the event were Dr. Richpal Singh, Prof. Amit Kumar and Dr. Vijender Kumar. First prize was bagged by Mr. Navjot Singh from SPMR College of Commerce, while Ms. Anmol Sharma from GDC Bishnah was adjudged second winner and Ms. Roseleen Kour from SPMR College of Commerce was adjudged third winner. Prof. Dileep Raina also spoke on the relevance of Philosophy of Sri Guru Nanak Dev Ji and enlightened the participants about significance of Sri Guru Nanak Dev Ji's preachings. The event was coordinated by Dr. Anuradha. The event concluded with formal vote of thanks by Dr. Rajinder Singh.



04-11-2019 INTER COLLEGE Seminar on the Philosophy of Sh. Guru Nanak Dev Ji

Celebration of 550th Birth Anniversary of Sh. Guru Nanak Dev Ji .

Govt. Degree College R. S. Pura organized Pagri Tying Competition in connection with the 'Celebration of 550th Birth Anniversary of Sri Guru Nanak Dev Ji' on the theme "Teaching of Sri Guru Nanak Dev Ji" under the guidance of Principal, Dr. Sunita Sudan and supervision of Prof Rajinder Singh, Convener Organizing Committee. 13 students participated in the event. Dr. Sukhdeep Singh Sasan presented the welcome address highlighting the concept of turban. Dr. Sukhdeep Singh Sasan and Prof. Vishal Sharma coordinated the Pagri Tying Competition. Dr. Rajinder Singh, Dr. Rajni Bala and Dr. Anuradha Judged the event. Jaspreet Singh and Jagjeet Singh of Semester-V were adjudged first, Sarabjeet Singh (Sem.-I) and Gurvinder Singh (Sem.-V) Bagged second and third position respectively. All staff members graced the occasion and congratulated the students. Dr. Rajinder Singh presented formal vote of thanks.



05-11-2019 Pagri Tying Completion

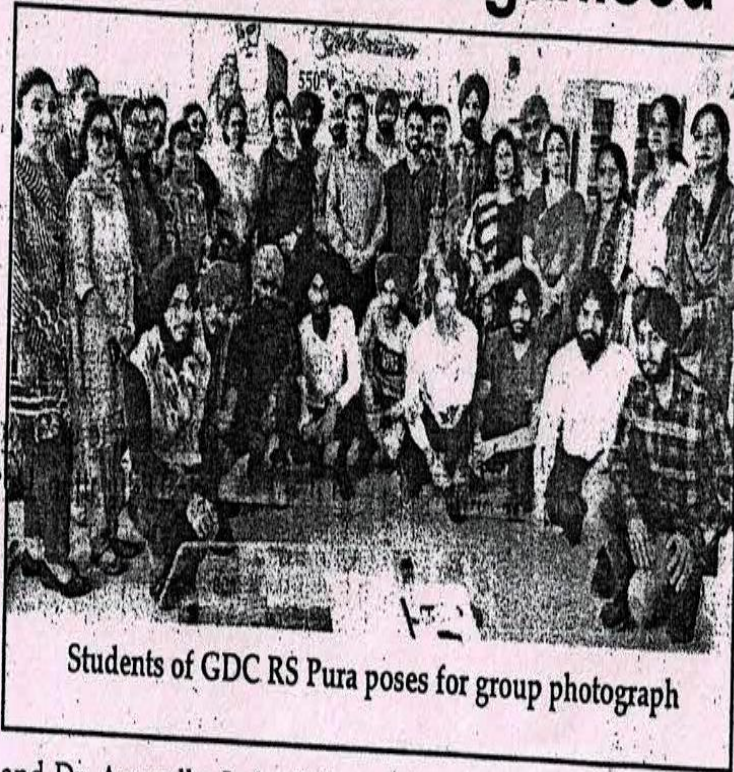
Celebration of 550th Birth Anniversary of Sh. Guru Nanak Dev Ji

Turban tying competition organised

Early Times Report

RS PURA, Nov 5: Govt. Degree College R. S. Pura organized Pagri Tying Competition in connection with the 'Celebration of 550th Birth Anniversary of Sri Guru Nanak Dev Ji' on the theme "Teaching of Sri Guru Nanak Dev Ji" under the guidance of Principal, Dr. Surita Sudan and supervision of Prof. Rajinder Singh, Convener, Organizing Committee.

Around 13 students participated in the event. Dr. Sukhdeep Singh Sasan presented the welcome address highlighting the concept of turban. Dr. Sukhdeep Singh Sasan and Prof. Vishal Sharma coordinated the Pagri Tying Competition. Dr. Rajinder Singh, Dr. Rajni Bala



Students of GDC RS Pura poses for group photograph

and Dr. Anuradha Judged the event. Jaspreet Singh and Jagjeet Singh of Semester-V were adjudged first, whereas Sarabjeet Singh (Sem.-I) and Gurvinder Singh (Sem.-V)

Bagged second and third position respectively. All staff members graced the occasion and congratulated the students. Dr. Rajinder Singh presented formal vote of thanks.

and participate in the celebration of knowledge and creative extravagance along with the expert from the concerned field.

The guests remained highly commemorative of the efforts of the organizing faculty of Computer and IT Department for getting the best out these opportunities, which are being provided by YCET. Students responded equally in indulgence in the event by joyfully receiving the plethora of technical knowledge being imparted to them as well as admiring the efforts of the staff and the management in providing them with such opportunities.

Er. Jagdeep Singh (Centre Coordinator Jetking) and Rishiv Suryavanshi (Technical Trainer, Jetking Jammu) were the resource persons for the Workshop. Prof. (Dr) A.K. Srivastava (Director YCET), B.R.Verma, (Chief Coordinator YCET) along with other members were present there.

Jodhamal emerges champion in Sahodaya Inter School Skating meet

Early Times Report

05-11-2019 Pagri Tying Competiton

Celebration of 550th Birth Anniversary of Sh. Guru Nanak Dev Ji

Govt. Degree College R.S Pura organized a Kirtan Darbar and Langar Prashad Programme in connection with "Celebration of 550th Birth Anniversary of Sri Guru Nanak Dev Ji" on 8th Nov, 2019 at Gurudwara Sahib R.S. Pura (in Main Market). The programme started with Shabd Gayan by Bhai Daljeet Singh and team. Dr. Rajinder Singh, Associate Prof. GDC R.S Pura and convener of the Programme also enthralled the audience with his Shabd Kirtan. Sdr. Narinder Singh, Ex-Principal and President Distt. Gurudwara Prabandhank committee, Poonch enlightened the students about relevance of Teachings of Sri Guru Nanak Dev Ji in the present Scenario by quoting Shalokas from Shri Guru Granth Sahib and related them with Science. Dr. Satinder Singh, Ex-Principal GGM Science College, Jammu and Nodal Officer (Retd.) Jammu Division Colleges and Dr. Kulvinder Kour, Principal GDC Bishnah along with her faculty members also graced the occasion with their benign presence. Dr. Sunita Sudan, Principal GDC R.S Pura facilitated Sdr. Narinder Singh, Ex-Principal and President Distt. Gurudwara Prabandhank committee and Dr. Satinder Singh, Ex-Principal GGM Science College and Nodal Officer (Retd.) Jammu Division Colleges on this occasion. Formal vote of thanks was presented by Dr. Sunita Sudan, Principal GDC R.S Pura who thanked all the guests for their presence. The programme concluded with Ardaas followed by Guru Ka Langar. A large gathering of masses from nearby villages and market also participated in the event.



08-11-2019 Kirtan Darbar

Celebration of 550th Birth Anniversary of Sh. Guru Nanak Dev Ji



08-10-2019 Kirtan Darbar

Celebration of 550th Birth Anniversary of Sh. Guru Nanak Dev Ji.

A valedictory function in connection with "Celebration of 550th Birth Anniversary of Sri Guru Nanak Dev Ji" was organized by Govt. Degree College R.S Pura. The event was graced by the benign presence of Shri Maan 108 Mahant Manjeet Singh Ji of Shiromani Dera Nangali Sahib, Poonch. Dr. Rajinder Singh, Associate Prof. GDC R.S Pura and convener of the Programme welcomed the guests. Dr. Sunita Sudan, Principal GDC R.S Pura presented a bouquet of flowers and a shawl as a mark of respect to Shrimaan Mahant Manjeet Singh Ji. The event started with the lightening of the traditional lamp. A documentary on life and teachings of Sri Guru Nanak Dev Ji was shown to the audience followed by a detailed report on various activities conducted during celebration of 550th Birth Anniversary of Sri Guru Nanak Dev Ji w.e.f 14th Oct. 2019 till 11th Nov. 2019 by Dr. Rajinder Singh. Prizes were distributed to the winners of the various events by the chief guest along with Dr. Sunita Sudan and other senior staff members. Mahant Manjeet Singh Ji in his address to the students and staff members of the college emphasized on the teachings of Shri Gur Nanak Dev Ji in present scenario and requested everyone to practice them in real life and contribute in the development of our country. He laid stress on three basic Principles of life given by Shri Guru Nanak Dev Ji that is Kirat Karni (Honest Living), Naam Japna (Focus of God) and Vand Chakhna (Sharing with others). Formal vote of thanks was presented by Dr. Sunita Sudan, Principal of the college in which she thanked Shri Mahant Manjeet Singh ji for sparing his valuable time by blessing and enlightening the students with his valuable teachings. The event was coordinated by Dr. Anuradha.



14-11-2019 Valedictory Function

Celebration of 550th Birth Anniversary of Sh. Guru Nanak Dev Ji.

Birth Anniversary celebrations of Guru Nanak Dev by GDC R S Pura conclude



A winner being given trophy during the event.

STATE TIMES NEWS

R S PURA: A valedictory function in connection with 'Celebration of 550th Birth Anniversary of Sri Guru Nanak Dev' was organised by Govt. Degree College R.S Pura. The event was graced by Shri Maan 108 Mahant Manjeet Singh Ji of Shiromani Dera Nangali Sahib, Poonch.

Dr. Rajinder Singh, Associate Prof. GDC R.S Pura and convener of the Programme welcomed the guests. Dr. Sunita Sudan, Principal GDC R.S Pura presented a bouquet of flowers and a shawl as a mark of respect to Shri Maan Mahant Manjeet Singh. A documentary on life and teachings of Sri

Guru Nanak Dev was shown to the audience followed by a detailed report on various activities conducted during celebration of 550th Birth Anniversary of Sri Guru Nanak Dev Dr. Rajinder Singh.

Prizes were distributed to the winners of the various events by the chief guest along with Dr. Sunita Sudan and other senior staff members. Mahant Manjeet Singh in his address to the students and staff members of the college emphasized on the teachings of Shri Guru Nanak Dev in present scenario.

Vote of thanks was presented by Dr. Sunita Sudan, Principal of the college. The event was coordinated by Dr. Anuradha.

KISHIWAR: Dr. Singh Rana on 11 winters in far-flung Paddar. The mee Civil Supplies Vishavjeet Singh Lone, TSOs of D

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The DDC direc of food grains is areas by the end part shall be vie

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STATE TIMES SAMBA: An ol mm mortar shel from fields at camp in Distric Thursday. As pe one person nam Pal, son of Chaj dent of Glar can

DIET Reasi organises District Level National Role Play Competition

STATE TIMES NEWS

REASI: District Institute of Education & Trainings (DIET) Reasi, in collaboration with J&K State Board of School Education Jammu (Adolescence Education Cell) organized District Level National Role Play Competition and Folk Song/Folk Dance completion at DIET Complex Reasi. All the Six Zones of the district



A winner team receiving prize at Reasi.

Kambal Danga Salal and Govt Katra were ad second and th respectively.

In the Folk Dance competit Gabbar, Govt and MS Atta Reasi were ad second and th respectively.

The top w would now n Division Level Chief Guest ap students and their efforts w ing on the o blessed the s their success. paid to the win to student's pa

The proceedi gramme condu Khajuria (DR thanks was i Veena Devi i Reasi.

participated in the competi- tion.

About 120 Students from different Schools of the District Reasi participated in the competition. On the theme conveyed by Board of School Education (Adolescent Education Cell) Jammu related to adoles- cent healthy relationship among adolescents and proper guidance at this age.

Principal, DIET Reasi, Om Parkash was the chief

guest on the occasion, while Nand Kishor (HOD) presided over the function. The Objective of the event was to promote adolescence education through Role Play, Folk Song & Folk Dance competition. Event was judges by Sh. Om Parkash Principal, Mohd Akram Khan and Smt. Rakhi (Lect.) of DIET Reasi.

In the role play competi- tion, Govt High School

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14-11-2019 Valedictory Function

Celebration of 550th Birth Anniversary of Sh. Guru Nanak Dev Ji.


with

**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU**

No: RSPC/08/11/2019/749
Dated: 08.11.2019

PRESS RELEASE

Govt. Degree College R.S Pura organized a Kirtan Darbar and Langer Parshad Programme in connection with "Celebration of 550th Birth Anniversary of Sri Guru Nanak Dev Ji" on 8th Nov, 2019 at Gurudwara Sahib R.S. Pura (in Main Market). The programme started with Shabd Gayan by Bhai Daljeet Singh and team. Dr. Rajinder Singh, Associate Prof. GDC R.S Pura and convener of the Programme also enthralled the audience with his shabd Kirtan. Sdr. Narinder Singh, Ex-Principal from Poonch enlightened the students about relevance of Teachings of Sri Guru Nanak Dev Ji in present Scenario. Dr. Satinder Singh, Ex-Principal GGM Science and Nodal Officer(Retd.) and Dr. Kulvinder Kour, Principal GDC Bishnah along with her faculty members also graced the occasion with their benign presence. Dr. Sunita Soodan, Principal GDC R.S Pura facilitated Sdr. Narinder Singh, Ex-Principal and Dr. Satinder Singh, Ex-Principal GGM Science and Nodal Officer(Retd.) on this occasion. Formal vote of thanks was presented by Dr. Sunita Soodan, Principal GDC R.S Pura who thanked all the guests for their presence. The programme concluded with Ardaas followed by langer. A large gathering of masses from nearby villages and market also participated in the event.


08/11/2019
PRINCIPAL

**Kirtan Darbar and Langer parshad program at Gurudwara Sahib
R.S Pura was organized 08-11-2019 in collection to celebration of
550th Birth Anniversary of Sh. Guru Nanak Dev Ji.**

**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU – 181102**

The Director
Archives, Archaeology & Museums,
J&K Govt.

No RSPC-1949
Dated: 06/12/2019

Subject: Submission for repair and renovation of Heritage Site (Radha Krishnan Temple)

Dear Sir/Madam,

It is to put for your information that Ethno Heritage Club of Govt. Degree College R.S. Pura visited the Radha Krishnan Temple, Miran Sahib (200 Year old).

After going through the report, I found it that the temple is of great historical importance and heritage value. It can become good site for Archives, Heritage and will definitely become driving force for the society and younger generations in particular. Because of lack of monitory support, the site is in dilapidated condition and is in need of immediate repair and renovation.

This report is submitted for your kind perusal.

Principal
Govt. Degree College
R.S. Pura
6/12/2019

**Submission for Repair and Renovation Of Heritage Site (Radha
Krishnan Temple on 06-12-2019. By Ethno Heritage Club of GDC
R.S Pura.**


ETHNO HERITAGE CLUB

REPORT

As part of the activity of ethno Heritage Club, Prof. Swati, Convener and the students visited the Radha Krishnan Temple, Miran Sahib in connection with the conservation and protection of heritage buildings on Saturday 7th Dec. 2019 at 11:00 AM. The temple is situated near Peer Baba (Miran Sahib), adjoining to the army gate. As narrated by the locals and the priest of the temple, the temple is of great historical importance and heritage value as it was built about 200 years back by the then rulers. At present the temple is being looked after by the 5th generation of the purohits under whose supervision the temple was constructed. The roof and the walls of the temple have very fine and colourful paintings of Radha Krishna. The main entrance also shows heritage structure (Deodi). The pillars of the temple also show old designs and paintings.

The temple is in dilapidated condition as the roof and the walls having old paintings have developed cracks because of non-maintenance and need immediate repair and renovation. The locals and the priest family residing in the temple were pleased by the visit and have requested to forward their problems/suggestions to the concerned higher authorities in order to save this heritage temple. It is pertinent to mention here that officers and officials of department of Tourism J&K have also visited this temple few years back and have assured them of appropriate help. But till date nothing has been done to improve the condition.

This report is submitted for information and further necessary action at your kind end.


Prof. Swati

Convener Ethno Heritage Club

**A Detailed report of Visit to Radha Krishan Temple Miran Sahab
by the convener and students of Ethno Heritage Club.**

Department of Environmental Sciences

A REPORT

(SESSION 2019-2020)

List of activities conducted under Plastic Waste Free Campaign (Swachhata Hi Sewa 2019)

S. No.	Date	Name of the Activity Undertaken
1	13.09.2019	Lecture on Plastic Waste management
2	14.09.2019	Sanitation Pledge by Students of the College
3	16.09.2019	Cleanliness Drive
4	23.09.2019	Symposium on Ways and Means to Manage Plastic Waste
5	24.09.2019	Painting Competition on the theme 'Say No to Plastic'
6	25.09.2019	Sanitation Pledge by College Staff
7	30.09.2019	Awareness Rally on Plastic Waste Management
8	01.10.2019	Plastic Waste Collection Drive in College
9	02.10.2019	ShramDaan

Esha Abrol
HOD

Abe
PRINCIPAL 05/04/20

List of Activities Conducted Under Plastic Waste free Campaign (Swachhata He Sewa 2019)




OFFICE OF THE PRINCIPAL GOVERNMENT DEGREE COLLEGE, R.S. PURA

No: RSPC/ 13 76
Date: 13/09/2019

Press Release 13/09/2019

Department of EVS, Government Degree College R.S. Pura organized a lecture on plastic waste management as part of Swacchhta Hi Seva - Plastic Waste Free Campaign 2019 under the guidance of the Principal Dr. Sunita Sudan and supervision of Prof. Esha Abrol, HOD Department of EVS. Senior faculty members Dr. Dileep Raina and Prof. S. K. Dhar were the guests of honour on the occasion. Prof. Vijay Kumari, Department of EVS was the resource person for this event. She emphasized on the hazards of plastic waste and how it is poisoning every component of our environment. She also spoke about its management through proper segregation at source and by following 3R's. The event concluded with vote of thanks by Prof. Renu Sharma.


Principal 13/09/2019

Department of environmental science GDC R.S Pura organized a lecture on plastic waste management as a part of Swacchhta he Sewa – Plastic waste free campaign 2019 on 13-09-2019.



**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU**

No: RSPC/ 1789
Dated: 14.09.2019

Press Release

As a part of Swachhta Hi Seva Campaign, Department of EVS in collaboration with NSS Unit of GDC R. S. Pura undertook Sanitation Pledge under the guidance of principal, Dr. Sunita Sudan and supervision of Prof. Bindu Kumari, NSS Programme Officer and Prof Esha Abrol, HOD EVS Department, Prof Renu Sharma, Prof Rajni Sharma, Prof, Nazia Choudhary. About 120 students undertook sanitation pledge emphasizing the importance of clean and hygienic surroundings for preventing health hazards and pledged to undertake sanitation activities within the campus and vicinity area and spread awareness regarding ban on use of single use plastic

Dr. Sunita Sudan
PRINCIPAL 14/09/2019.

As a part of Swachhta He Sewa Campaign Department of Environment Science of the College under took Sanitation Pledge on 14-09-2019. About 120 students participated in the pledge.



**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU**

No: RSPC/1412
Dated: 16.09.2019

Press Release

As a part of Swachhta Hi Seva Campaign, Department of EVS in collaboration with NSS Unit of GDC R. S. Pura undertook cleanup campaign of college campus under the guidance of principal, Dr. Sunita Sudan and supervision of Prof. Bindu Kumari, NSS Programme Officer, Prof Renu Sharma and Prof Vijay Kumari, Department of EVS. About 20 students participated in the cleanup drive by picking plastic items like wrappers, plastic bottles thereby cleaning the whole college premises. Afterwards, Faculty from Department of Environmental Sciences narrate the benefits of cleanliness and educated the volunteers about the solid waste management, segregation of biodegradable and non-biodegradable wastes, use of green and blue bins etc.

Dr. Sunita Sudan
PRINCIPAL

16/9/2019

As a part of Swachhta He Sewa Campaign department of environmental science under took cleanup campaign in the college campus on 16-09-2019 about 20 students participated in the cleanness drive.



**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU**

No: RSPC/1468
Dated: 23/09/2019

PRESS RELEASE

As a part of Swachhta Hi Seva Campaign, Department of Environmental Sciences GDC R. S. Pura organized symposium on “Ways and Means to manage Plastic waste” under the guidance of Principal, Dr. Sunita Sudan and supervision of faculty of Department of Environmental Sciences Prof Renu Sharma and Prof Vijay Kumari. Prof. Dileep Raina, Prof. Swati and Prof. Nazia Chowdhary were present on the occasion. About 10 students spoke on the topic of Symposium and they stressed on various methods of plastic waste management. The speakers enumerated various methods like disposal in sanitary landfills, by reducing the use of plastic at source level, recycling and adoption of 3 R's. About 100 students were part of the event.

Sunita Sudan
PRINCIPAL 23/9/2019

As a part of Swacchhta He Sewa campain department of environmental science organized symposium on “Ways and means to manage plastic waste” on 13-09-2019. About 10 students participated in the symposium.

SWACHHTA HI SEWA 2019

PAINTING COMPETITION ON THE THEME "SAY NO TO PLASTIC"



As a part of Swachhta Hi Sewa Campaign, Department of EVS GDC R. S. Pura organized Painting competition on the theme "say no to plastic". About 15 participate in the event and made beautiful paintings related to the theme of competition, thereby generating awareness regarding discouraging the use of plastic.

Principal
24/09/2019

**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU**

No: RSPC/ 1479
Dated: 24.09.2019

PRESS RELEASE

As a part of Swachhta Hi Sewa Campaign, Department of Environmental Sciences GDC R. S. Pura organized a Painting Competition on the theme "Say No to Plastic" under the guidance of Principal, Dr. Sunita Sudan and supervision of Prof. Esha Abrol, HOD Department of Environmental Sciences. About 15 students participated in the event and made beautiful paintings related to the hazards of plastic use and its management. Prof. Renu Sharma, Prof. Nazia Chowdhary, Prof. Rajni Sharma were also present in the event.

Principal
24/9/2019

As a part of Swacchhta He Sewa Campaign department of environmental science organized a painting competition on the theme start "Say no to Plastic.



**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU**

No: RSPC/1484
Dated: 25-9-2019

Press Release

As a part of Swachhta Hi Seva Campaign, the teaching and non-teaching employees of Govt. Degree College R.S. Pura undertook a Sanitation Pledge under the guidance of Principal, Dr. Sunita Sudan and supervision of Prof Esha Abrol, HOD EVS Department. The staff pledged to undertake sanitation activities in the college campus and vicinity and discourage the use of single use plastic in any form. They also pledged to sensitize the general public about the same for a clean and pollution free environment.

Sunita Sudan
25/9/2019
PRINCIPAL

**As a part of Swachhta He Sewa Campaign the Govt. Degree College
R.S Pura took Sanitation pledge on 25-09-2019.**



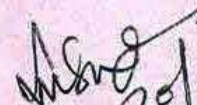
**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA
JAMMU**

No: RSPC/1510

Dated: 30.09.2019

Press Release

As a part of Swachhta Hi Seva Campaign, Department of Environmental Sciences in collaboration with NSS Unit of GDC R. S. Pura organized Awareness Rally under the guidance of Principal, Dr. Sunita Sudan and supervision of Prof. Bindu Kumari, NSS Programme Officer, Prof Renu Sharma and Prof Vijay Kumari, Department of EVS, with the sole objective of generating awareness towards plastic waste management. About 50 NSS Volunteers and other students participated in the awareness rally. The students were raising slogans and carrying placards, charts displaying messages regarding discouraging the use of plastic thereby sensitizing general public about hazards of plastic use.


PRINCIPAL 30/9/2019

As a part of Swachhta he Sewa Campaign the Department of Environment Science in Collaboration with NSS Unit of GDC R.S Pura Organized Awareness Rally on Plastic Waste Management on 30-09-2019.

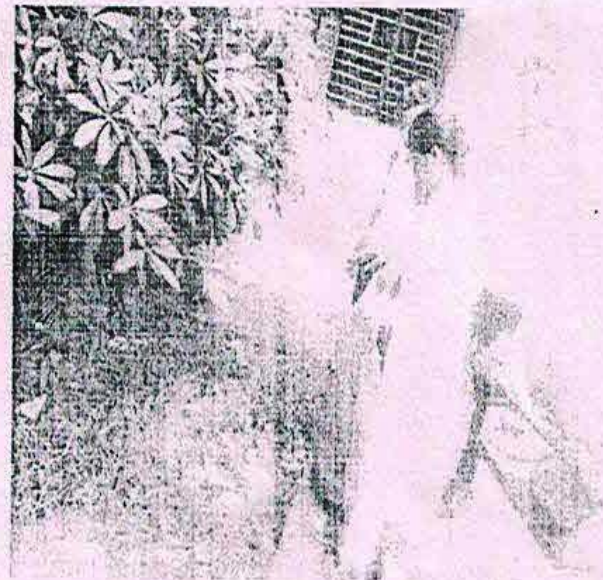
188

**OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA JAMMU**

No: RSPC/ 18 21
Dated: 01.10.2019

SWACHHTA HI SEWA 2019

PLASTIC WASTE COLLECTION DRIVE



As a part of Swachhta Hi Sewa Campaign, a plastic waste collection drive was held in the campus. About 30 students participated in the activity.

Signature
PRINCIPAL 01/10/2019

OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE R.S. PURA JAMMU

No: RSPC/ 1532
Dated: 02.10.2019

SWACHHTA HI SEWA 2019

"SHRAM DAAN"



As a part of Swachhta Hi Sewa Campaign, "SHRAM DAAN" was performed by about 50 students in which they collected plastic waste from the college premises and the vicinity of the college.

[Signature]
PRINCIPAL. 02/10/2019



A field trip was conducted to the Industry Unit Bari-Brahmana by the Departmental of Environmental Science 2019.